



FREE Take Me Home

Vol. 14, No. 33

From the Beaches to the River District downtown Fort Myers

AUGUST 21, 2015

Arts For ACT Winter White Party To Feature World-Renowned Artist

The work of one of the biggest names in modern art, Fort Myers-based artist Marcus Jansen, will be showcased at this year's Arts for ACT Winter White Party on Saturday, November 14 at the Harborside Event Center in Downtown Fort Myers.

With museum collections in places like the Moscow Museum of Modern Art (MMOMA) in Russia, the New Britain Museum of American Art in Connecticut, and the Smithsonian Institution in Washington, DC, Jansen's work has been noted as a catalyst of urban contemporary landscape painting. His work's reputability, meaning and value are hoped to encourage art lovers from across the world to attend the Arts for ACT event in the name of sustaining programs to eradicate domestic violence, sexual assault and human trafficking in Southwest Florida.

Jansen has achieved paramount success as an International award-winning artist with awards, including The Laguna Art Prize 2013, Venice Italy,

the Dave Bown Project Award in 2012 and inclusion at the Fleurieu Art Prize 2013 Biennale, Australia noted as the highest valued landscape painting prize anywhere in the world curated by Nigel Hurst, director and chief executive, Saatchi Gallery London.

Jansen is also one of the ABSOLUT VODKA artists of this century alongside names Damien Hirst, Andy Warhol and Keith Haring.

"We are thrilled and grateful that Marcus Jansen has generously given his time, art, and support of the Arts for ACT annual signature fundraiser," said Jennifer Benson, chief executive officer of ACT. "Alongside current sponsors, including NBC-2, *Florida Weekly*, Pulse Business Solutions, Stillwell Enterprises and Planned Perfection, Inc.



Marcus Jansen
photo by Eric Kellar



Marcus Jansen's contemporary artwork on display

Marcus' work strengthens our offerings for a great event."

Additional sponsors for the event include *Happenings Magazine* and IBERIABANK. Premium level sponsorships are still available for Arts for ACT and offer an excellent opportunity for businesses to join together in support of the important services provided by ACT. Moreover, with live auction sponsors such as Crave Culinaire by Chef Brian Roland, businesses can heighten their visibility through donations for the live and silent auctions. Volunteers are also encouraged and welcome to sign up.

The Arts for ACT Winter White Party event tickets are \$150. Event patrons will enjoy hors d'oeuvres, a new mobile bidding-based silent auction process, as well as the option to purchase premier art and other fine offerings during the live auction portion of the program. All event proceeds will go towards program services provided by ACT in Lee, Hendry, and Glades counties.

For more information on sponsorship and volunteer opportunities, or to register for the event, contact Jennifer Benton at 939-2553 or visit www.artsforactfineartauction.com.



Exterior of the Gulf Coast Humane Society's new clinic

Humane Society New Clinic To Open August 24

Ulf Coast Humane Society (GHCS) announced that their new, expanded veterinary clinic will open on Monday, August 24. The full-service clinic will be open to the public six days a week. The GCHS staff at the new clinic will handle a variety of services, including wellness checks, dental care, vaccinations and micro chipping.

The building was gifted to GCHS by John Bruno, M.D., F.A.C.S. of Fort Myers Plastic Surgery Center and is located at 2685 Swamp Cabbage Court.

"The opportunity given by Dr. Bruno will enable the GCHS clinic to help those who continued on page 11

Officer Of The Year Finalists Announced For Law & Order Ball

Rotary Club of Fort Myers South announced the five finalists for Officer of the Year from six local law enforcement agencies. These finalists will be honored at the Law & Order Ball at 6 p.m. on Saturday, September 19 at Harborside Event Center in downtown Fort Myers.

In a blind judging process, a committee made up of Rotary Club members and business leaders selected the following finalists from nominees



chosen by their respective agencies: from the Lee County Sheriff's Office – Staff Officer Darryl Aubuchon, Deputy Chris Meyer and Deputy Michael Zazwirsky; from the Fort Myers Police Department – Officer David Conticelli; and from the Cape Coral Police Department – Detective Patricia Enterline. One special hero will be awarded and receive a custom designed piece by Rotarian Mark Loren of Mark Loren Designs.

The Selection Committee includes Rotarians Rebecca Goff, Gerry Poppe, Jeff Kircher

Historic Downtown Fort Myers, Then And Now:

New Library On Historic Ground



by Gerri Reaves, PhD

'ust over three years ago, the site now occupied by the Fort Myers Regional Library at First Street and Royal Palm Avenue was cleared and ready for the next stage of downtown

Captured in the May 2012 photo with a southward view through Cornog Plaza is the sweep of land from between First and Second streets now occupied by the new library campus, bordered on the east by Royal Palm.

The land on which the main library building and plaza are located was part of the original Seminole- and Civil War-era U.S. Army fort that formed the footprint of today's business district.

As the June 2013 photo shows, only months before the new library opened, the Google Maps Street View camera was putting the site's latest transformation on the map for the digital age and a new chapter in history.

Since the turn of the 20th century, that southwest corner at First and Royal Palm has gone from orange grove to state-of-the-art library.

In August 1901, when the land was still an orange grove - imagine a citrus grove in the business district today! - two skeletons were exhumed when a ditch was being dug on the front edge of the property. They were assumed to be the remains of soldiers from the Third Seminole War (1855-1858).

By the first decade of the century, houses had been built on the two parcels facing

The corner house remained a private residence for decades, until a cafeteria was built there circa 1950.

However, the house that was located on today's plaza had a more varied and interesting history.

In 1913, it became the Elk's Lodge (BPOE), and remained so until the organization built a new lodge in 1926 farther east on First. From 1947 until the late 1990s, it was the American Legion Post 38.

The lodge on First Street then briefly reverted to being a private residence, but then became Lawrence A. Powell's funeral home until the 1950s, when it became McQueen & Young funeral home.



In May 2012, the new Fort Myers Regional Library site at First and Royal Palm had been cleared



The main library building and the plaza are located on land where a Seminole War U.S. Army fort, private residences, Elk's Lodge, funeral home and more have existed



In June 2013, only months before the library opened, the Google Maps Street View camera records it location photos by Gerri Reaves

During the 1920s, the site gained one feature that still exists today: the north-south driveway that now separates the library property from that of Bank of America.

Originally named First Street Court, the "driveway" later became Vivas Plaza. In the mid-1940s, a diminutive filling station was located on First at the court.

By the 1950s, the future plaza had become a parking lot and remained so until library construction began several years ago.

By the post-World War II years, that section of First Street changed in other ways, too, ways that erased traces of the town's early history.

The Royal Palm Hotel at the foot of Royal Palm Avenue was demolished. The grand hotel had opened in 1898 and had an immeasurable influence on the development of Fort Myers.

continued on page 3



Greater Fort Myers

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Fort Myers Art:

Wayne White: Here Comes Mr. Know-It-All



by Tom Hall

Plorida South-Western State College has announced that it will exhibit paintings, drawings and a newly-commissioned, site-specific installation by artist Wayne White. Titled Wayne WHITE:

Here Comes Mr. Know-Ít-All, the show will open at the Bob Rauschenberg Gallery on September 11 with a 6 to 8 p.m. reception and performance by the artist.

Wayne White is a Los Angeles-based, internationally-acclaimed artist. White won three Emmy Awards for his set design and puppeteering on the landmark children's TV show *Pee-wee's Playhouse*, creating iconic characters including Randy, Cool Cat, Chicky Baby and Dirty Dog. The subject of a 2012 feature-length documentary *Beauty is Embarrassing*, directed by Neil Berkeley, and a 382-page hardbound monographic book designed and edited by Todd Oldham, *Maybe Now I'll Get the Respect I So Richly Deserve*, White will



An exhibit by Wayne White, above, will be on display at the Bob Rauschenberg Gallery. The opening reception is September 11 and features a performance by the artist.

be in residence at Florida SouthWestern State College for a week in advance of his show to work with FSW students to create a super-sized puppet/sculpture of the late Lee county resident artist and gallery namesake Bob Rauschenberg.

In addition to his newly commissioned Bob Rauschenberg puppet/installation and related opening night performance, the exhibition will also include a selection of the artist's now iconic and often laughout-loud humorous "Word" paintings and a series of recent watercolor drawings and collages (on subjects including local environmentalist, author and political cartoonist JN "Ding" Darling) produced during White's month-long Robert Rauschenberg Foundation Residency on Captiva Island in 2013.

As the artist reveals, "I've always had

the do-it-yourself approach. I grew up in this blue collar family and didn't have a lot of toys, so you had to make your own fun. Building forts out of sticks and scrap lumber – that's where I learned the joy of making something from nothing."

The Bob Rauschenberg Gallery was founded as The Gallery of Fine Art in 1979 on the Lee County campus of Florida SouthWestern State College/FSW (then Edison Community College). On June, 2004 the Gallery of Fine Art was renamed the Bob Rauschenberg Gallery to honor and commemorate its long-term association and friendship with the artist.

Over more than three decades prior to his death, the gallery worked closely with Rauschenberg to present world premiere exhibitions including multiple installations of the ½ Mile or Two Furlong Piece. The artist insisted on naming the space the Bob Rauschenberg Gallery (versus the Robert Rauschenberg Gallery) as it was consistent with the intimate, informal relationship he maintained with both the Southwest Florida community and FSW.

The exhibition will run through November 7. For more information, phone 489-9313 or visit www. RauschenbergGallery.com.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.

From page 2

New Library

In January 1987, the Sheraton Harbor Place Hotel was constructed on that site. That building is now undergoing a reinvention of its own into a 55+ rental community. Also during the post-war years, the numerous small business buildings that still stand across from the library were built.

Thus, almost all traces of early Fort Myers had vanished by the mid-20th century – from orange grove to Gilded Age grand hotel.

Walk down First Street to the new library and imagine the site as part of a mid-19th-century fort.

Then stroll a few more blocks to the Southwest Florida Museum of History at 2031 Jackson Street to learn more about the history of the Royal Palm corner.

Call 321-7430 for information or go to museumofhistory.org. Hours are $10\ a.m.$ to $5\ p.m.$ Tuesday through Saturday.

There's even more to discover for lovers of local history at the Southwest Florida Historical Society's research center.

The all-volunteer non-profit organization is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts and is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

Call 939-4044 or visit swflhistorical society.org for more information. Sources: The Archives of the Southwest Florida Historical Society. $\stackrel{\star}{\sim}$

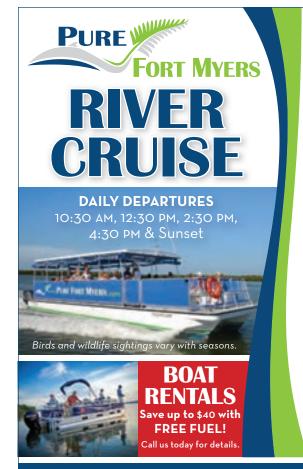
Copyright Basics Seminar Offered At The Alliance

computer programs can be protected under the law through the proper use of copyright. But what exactly does "proper use of copyright" mean?

A free educational seminar titled Copyright Basics and the Use of Publicly Available Materials: When Fair Is Foul and Foul Is Fair will be held on Monday, August 24 from 10 to 11 a.m. at The Alliance for the Arts, located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.

The keynote speaker at the seminar is Rich Vermut, intellectual property attorney at Rogers Towers, PA, a statewide law firm. Following his lecture, a question-and-answer session will be conducted.

For more information about the seminar or to make reservations, call 425-1760. The seminar is sponsored by Rogers Towers, PA.



EVENTS

SATURDAY, JULY 18 EcoCruise to Picnic Island

Shelling and nature walks. 8:00 AM - 11:30 AM

SATURDAY, AUGUST 1 Discover Downtown

Fort Myers
Historical walking tour, lunch
and River Cruise.
10:00 PM – 2:00 PM
Depart from City Pier

SATURDAY, AUGUST 8 EcoCruise to Picnic Island

Shelling and nature walks. 8:00 AM – 11:30 AM

SATURDAY, AUGUST 15 Bark on the Ark

Cruise with your dog! 8:00 AM - 11:30 AM

SATURDAY, AUGUST 22 MusicCruise

Sunset cruise with live music!

For more information and to reserve your cruise please contact:

www.PureFortMyers.com (239) 919-2965

Docked at The Marina at Edison Ford | 2360 W. 1st Street, Fort Myers, FL 33901

September At Fort Myers Regional Library

Text month's roster of activities at Fort Myers Regional Library offers topics for all ages. The following activities are free to the public:

Adult Programs

Weaving Series, 9:30 a.m. Tuesdays, September 1, 8 and October 6 Location: Meeting Room CD

Participants will learn the basics of weaving as they make three projects, beginning with a pouch and ending with a 3D mask. Registration includes all three programs. All materials supplied. Registration is required.

Jazz Lunch, noon Thursday,

September 3

Location: North Plaza

Some of Fort Myers' most exciting jazz composers/musicians perform weekly.

Tax and Land Research, 9:30 a.m. Saturday, September 5

Location: Meeting Room AB Land and tax records are the most complete record type available for genealogical research. Ancestors who seldom appear in any other type of civil record may be mentioned in one or both record

types. Registration is required.

It's All About You, 9 a.m. Tuesdays,
September 15, 22, 29

Location: Meeting Room CD This free, six-week, research based program presented by Lee Memorial Health Center and developed by Kate Lorig, Ph.D., of Stanford University teaches individuals how to manage any chronic condition. Topics include healthy eating, physical activity, pain and fatigue management.

September Card Crafting, 9:30 a.m. Tuesday, September 15

Location: Meeting Room B

Greeting cards are useful for holidays and everyday occasions. Participants will learn new techniques and take home several cards. All materials supplied. Registration is required.

Book Discussion: The Piano Teacher by Janice Y.K. Lee

Noon Wednesday, September 16 Location: Main Library Building,

Conference Room C

Hired by the wealthy Chen family as a piano instructor, Claire Pendleton is seduced by the social life of Hong Kong's expatriate community and begins an affair with Will Truesdale, an enigmatic Englishman with a devastating past. Registration is required.

How to Apply for a Habitat for Humanity Home, 10 a.m. Thursday,

September 17

Location: Meeting Room AB Tanya Soholt of Habitat for Humanity explains the Habitat program and how to apply for a Habitat partnership.

September Beadwork, 9:30 a.m. Tuesday, September 22

Location: Meeting Room B Participants will learn new beading techniques and make a treasure to take home. All materials supplied. Registration is required.

Hatha Yoga, noon Thursday, September 24

Location: Amphitheater

David Anderson leads a Hatha Yoga class for all ages and abilities. Bring your

Small Business Series: Understanding Financial Statements, 2 p.m. Monday, September 28

Location: Meeting Room AB

This program is geared toward small businesses. Learn more about the Profit & Loss Statement, Balance Sheet, Cash Flow, Breakeven and Forecasting and how to use them. Registration is required.

Storytime

Toddler Tales, 9:30 and 10:30 a.m. Tuesdays, September 1, 8, 15, 22

Toddlers love activity and the chance to practice their growing language skills. This interactive and active time for toddlers and their favorite caregiver is designed to advance pre-reading and social skills. They'll experience storytelling, wordplay, felt board stories, fingerplays, puppets, singing, music-making, socializing, dancing and, of course,

Preschool Storytime, 10 a.m. Wednesdays, September 2, 9, 16, 23

Children who start kindergarten with pre-reading skills have an advantage. They are ready to learn to read. Your preschooler will continue to build relationships with other kids, books and the library in a storytime designed specifically for them. The stories and activities are more complex, but just as fun.

Family Storytime, 10 a.m. Saturday, September 12

Five simple practices get kids ready to read: talking, singing, reading, writing and playing. The whole family is invited to this enjoyable, all-ages storytime that encourages the development of prereading skills through songs, rhymes, fingerplays and stories.

Baby Rhyme Time, 10:30 a.m. Thursdays, September 17, 24

Reading to babies right from birth stimulates their minds, develops language skills and lays a foundation for later reading success. During this special storytime, you and your baby will learn new nursery rhymes and fingerplays, interact with puppets, sing, read books and dance. It is an opportunity to meet other parents and babies in the neighborhood. Registration is required.

Children's Programs

Kids Read Down Fines, 2 to 3 p.m., Saturday, September 12 and 5 to 6 p.m. Monday, September 14

Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on overdue materials.

Design A Fairy - Rainbow Magic Party, 2 p.m. Monday, September 14 Location: Meeting Room Building

Children in grades K-5 will make their own fairies and build a fairy house while listening to stories from Fairyland. Supplies provided. Sponsored by the Fort Myers Friends of the Library. Registration is required.

Batman Day, 2 to 4 p.m. Saturday, September 26

Calling all kids, teens and Batman fans. Stop by the programming room and check out some of the fun stations. Play the Batman board game and make your own bat car, mask and crafts. Come in costume if you choose. This is a dropin program; no registration is required. Sponsored by Friends of the Fort Myers Regional Library.

LEGO Club, 5 p.m. Monday, September 28

Build and share LEGO creations. LEGOs provided.

Tracks for Toddlers and Preschoolers, 10 a.m. Wednesday, September 30 Location: Meeting Room Building

Toddlers and preschoolers bring your favorite cars, trucks and things that go zoom. After a short storytime, there will be tracks available for racing and exploring. Registration is required.

Teen Programs

Teen Beading Club, 5 p.m. Wednesday, September 9

Create a new beading project idea to take home. Instructions and supplies are provided. Registration is required.

Kids Read Down Fines, 2 to 3 p.m. Saturday, September 12 and 5 to 6 p.m. Monday, September 14

Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on overdue materials.

Teen Anime Drawing Fan Club, 5 p.m. Wednesday, September 16

Anime drawing fans share what they have created, discover content and connect with other fans. Colored pencils, pens and paper supplies are provided. Sponsored by the Friends of Fort Myers Library.

Game Night for Teens, 5 p.m. Monday, September 21

Play Rock Band, Super Mario, Basketball and many other choices. Sponsored by the Friends of the Fort Myers Regional Library.

Karaoke Café for Teens, 5 p.m. Wednesday, September 23

Teens practice their Karaoke skills with friends. No registration is needed. Take turns, have fun and have a drink in the teen café area!

Batman Day, 2 to 4 p.m. Saturday, September 26

Calling all kids, teens and Batman fans. Stop by the programming room and check out some of the fun stations. Play the Batman board game and make your own bat car, mask and crafts. Come in costume if you choose. This is a dropin program; no registration is required. Sponsored by Friends of the Fort Myers Regional Library.

The Fort Myers Regional Library is located at 2450 First Street in Fort Myers. Adult programs are held in the meeting room building located across the library campus at 1651 Lee Street. For more information about a program or to register, please call the library at 533-4600. A sign language interpreter is available with five business days notice to library staff.

Check the Lee County Library System's website at www.leelibrary. net to find out about programs at

other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a

Singers Invited To Join Chorale

The Symphonic Chorale of Southwest Florida invites area singers to its first Summer Sing on August 25 at 7 p.m. at Lamb of God Church, 19691 Cypress View Drive in Fort Myers. The evening will include read-throughs of Carmina Burana, Faure's Requiem and other music that the chorale will perform in the 2015-2016 season.

This is an opportunity to network with others who love to sing and meet the chorale. To schedule an audition on August 29 or August 31, call 560-5695. There is no charge to attend.☆

Copyright Basics Seminar Offered At The Alliance

reative works such as photographs, music, movies, books, computer games and computer programs can be protected under the law through the proper use of copyright. But what exactly does "proper use of copyright" mean?

A free educational seminar titled Copyright Basics and the Use of Publicly Available Materials: When Fair Is Foul and Foul Is Fair will be held on Monday, August 24 from 10 to 11 a.m. at The Alliance for the Arts, located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.

The keynote speaker at the seminar is Rich Vermut, intellectual property attorney at Rogers Towers, PA, a statewide law firm. Following his lecture, a question-and-answer session will be conducted.

For more information about the seminar or to make reservations, call 425-

The seminar is sponsored by Rogers Towers, PA.\\$

Send your editorial copy to: press@riverweekly.com From page 1

Law & Order Ball

and Steve Russell; Cliff Smith, CEO, United Way of Lee, Charlotte, Hendry & Glades Counties; Jennifer Powers Adkins, VP, Finance & Treasurer, Chico's and retired law enforcement officer Stephanie Nygaard.

Nominees for Officer of the Year were selected based on their consistency in going above and beyond the call of duty, the totality of their contribution to the agency and/or community throughout the year, their service as a role model to others and other extraordinary actions.

Our law enforcement officers put their lives on the line every day to protect Southwest Florida, and our community can show their appreciation by underwriting the cost of law enforcement tickets through the Fund-A-Cop program. Tickets are \$150 per person and \$1,200 for a table of eight. To purchase tickets for your party or for officers through the Fund-A-Cop opportunity, visit www.lawandorderball.org.

ndorderball.org.
Creighton Construction &
Development along with Ada's Natural
Market graciously returns as the Title
Sponsor for the Law & Order Ball.
This gala event includes cocktails, hors
d'oeuvres, a sumptuous dinner, a silent
and live auction, entertainment and some
very special surprises. All proceeds benefit the Rotary Club of Fort Myers South
Foundation and Lee County law enforcement youth programs.

Rotary Club of Fort Myers South is also grateful to these generous sponsors: LeeSar, Survival Armor, Fort Myers News-Press, Edison National Bank, CONRIC PR & Marketing, The Eventful Company, Enterprise Holdings, NBC-2, Siesta Pebble Inc., Haven, CFS Roofing, FineMark Bank, Florida Gulf Coast University, HBKS Wealth Advisors, The Huff Insurance Agency, Jason's Deli, Kagan Law Firm, Mark Loren Designs, Rapid Print, Southern Wine and Spirits, TOTI Media, UBS and Wicked Dolphin.

The inaugural Law & Order Ball, held in October of 2014, drew more than 400 local dignitaries, law enforcement representatives, business owners and residents, and raised \$84,000. Many levels of sponsorship opportunities are available, with major sponsors being honored at a special VIP reception.

For information about in-kind dona-

tions and the many different sponsorship opportunities that are still available, visit www.lawandorderball.org or contact Lori Cook North at lori@eventfulinc.com.

Broadway Palm Auditions

Palm is holding open auditions for adults and children for its upcoming 23rd season on Sunday, August 30. Ages seven to 17 will audition at 1 p.m; ages 18 and up will audition at 3 p.m. Auditions are on a first-come, first-served basis. A sign-up sheet will be available at noon for ages seven to 17 and at 2:30 p.m. for ages 18 and up. No appointments will be taken.

The musical productions on the main stage with roles available are A Wonderful Life, Show Boat, Sister Act and Funny Girl. The Off Broadway Palm is casting for the musical Plaid Tidings and the comedies Unnecessary Farce and Who's Under Where?

Anyone interested in auditioning should bring a current headshot/picture and resume. Those auditioning for a musical need to be prepared to sing 16 bars that best shows off their vocal range. Bring sheet music in the proper key. An accompanist will be provided (no recorded music is accepted.) Songs should be in the musical theater genre. After the vocal audition actors/actresses may be asked to attend a dance and/or reading audition.

Those auditioning for a comedy need to have a prepared comic monologue for their audition allowing enough time to be seen and possibly be called back to read and/or dance.

Broadway Palm and The Off Broadway Palm are professional theaters. Productions require a two-week rehearsal process with rehearsals daily.

Performances are Tuesday through Sunday evenings with matinees on Tuesday, Wednesday, Thursday, Saturday or Sunday. The theater staff will do their best to work around school hours for children. All children's roles are double cast and will alternate performances. Performance schedules are available at www.BroadwayPalm.com.

Broadway Palm is at 1380 Colonial Boulevard in Fort Myers. For more information, visit www.BroadwayPalm.com or call 278-4422.**

SWFL Fine Craft Guild's Art Attack Exhibit To Open

The Naples Art Association presents a preview reception for Your Choice 2016 and Southwest Florida Fine Craft Guild's Art Attack on Friday, September 18 from 5:30 to 7:30 p.m. Join The Naples Art Association, The Southwest Florida Fine Craft Guild, and your artistic community for a celebration of choice and variety in art. Entrance is free for NAA members and \$10 for non-members.

Your Choice 2016 presents works by Naples Art Association member artists of all skill levels. Naples Art Association members can enter their artwork in all media to get featured at the Your Choice exhibition which will be on view at the von Liebig Art Center, 585 Park Street, from September 21 to October 22, 2015. The viewing public will vote to determine which exhibiting artists will receive awards at the preview reception on Friday, September 18. There are five cash awards with a total value of \$1,000 (\$500 Best of Show, \$300 First Place and two \$100 Honorable Mentions). The voting process will be overseen by the Collier County Supervisor of Elections Office and the award winners will be

announced on September 24 on The Naples Art Association's blog, www. naplesart.org/blog/.

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The River Weekly News
Call 415-7732

National White Cane Awareness Day Thursday, October 15th



Join us at the Lighthouse
SWFL on Thursday, October
15th from 11AM and 1PM and
learn how to use a white cane
to cross a busy intersection
while blindfolded.
Under the watchful eyes of
the Lee County Sheriff's
Department you will cross
all four corners of US 41 and
Pine Island Road in
observance of
White Cane Awareness Day.

For more information call (239) 997-7797 Or email info@lighthouseswfl.org



35 W. Mariana Avenue North Fort Myers, FL 33903 www.lighthouseswfl.org

















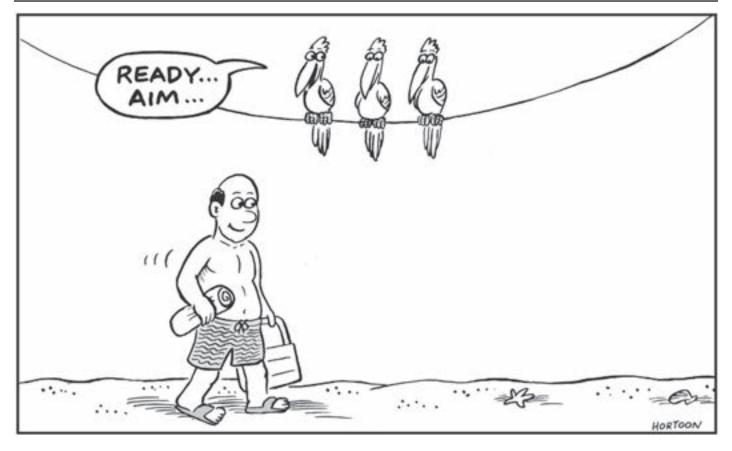
The Calendar Girls with vereans from the audience

Calendar Girls Honor Veterans

The Calendar Girls brought their America the Beautiful show to American Legion Post 323 in Lehigh Acres honoring World War II veterans in the audience on August 15.

For more information, log onto www.calendargirlsflorida.com or call 850-6010.%

HORTOONS



Continental Women's Club

ontinental Women's Club of Greater Fort Myers meets on the first Thursday of every month.

Membership is open to women living in the area who are interested in both social and philanthropic endeavors. Yearly membership is \$20 and provides members with interesting programs throughout the year.

The next meeting, scheduled for September 3, will feature Doug MacGregor, coordinator for the Arts in Healthcare Program, Lee Memorial System.

The October 1 meeting will feature Donna Weaver, an Animal Reiki Master who will talk about the healing energy of this non-invasive healing method for pets. Both meetings start at 11:30 a.m.

The cost to attend the luncheon is \$19 and reservations are necessary. Meetings are held at Colonial Country Club, 9181 Independence Way in Fort Myers.

If you like meeting with active women who enjoy raising money to award scholarships to young women, provide food and clothing for those in need as well as taking part in numerous social events, think about becoming a member. Activities include bridge, bunco, book club, lunch bunch and dining out group. Various trips are also offered for members

For more information, call Margie Connor at 561-8973.☼

Greeters Club Luncheon

The Greeters Club of Greater Fort Myers will meet on September 20 for an old-fashioned barbecue lunch. The organizers suggest comfortable attire as there will be lots of "fun and games" to make this a real down-home afternoon.

To make a reservation or find out more about joining this group of Lee County women, email greetersclub@gmail.com. Provide name, email address and phone and you will receive a call confirming your reservation or information request.

Luncheons are held on the third Thursday of the month at 11:30 a.m. at Colonial Country Club, 9181 Independence Way, Fort Myers. Check out greetersclubofgreaterfortmyers for further information.

To advertise in the Island Sun Call 395-1213

Technical Schools Now Called Colleges To Attract More Students



Fort Myers Technical College

By adding college to the name of their schools, four Southwest Florida technical centers have taken an important step in increasing awareness of their post-secondary certification programs and the opportunity for residents to advance to a well-paying career in as little as a year.

Now known as technical colleges, the Lee and Collier County schools are expected to reframe student and public perception and entice more students to consider certification programs to meet the regional workforce's demand for skilled labor.

"Evidence shows by changing the name to more accurately reflect the emphasis on post-secondary education, enrollment increases," said Bill McCormick, director of the newly-named Fort Myers Technical College. "It changes perceptions but also better communicates what we do here. Students, for so many years, have been told to succeed in America; they need to go to college; and they believe it. The core message we're sending is that post-secondary education takes many forms, whether it's a university, a community or state college or technical college."

So far 28 of Florida's 47 technical institutes and centers have changed their names to college, including Fort Myers Tech and Cape Coral Technical College in Lee County, and Lorenzo Walker Technical College and Immokalee Technical College in Collier County.

Deelynn Bennett, director of Charlotte

Deelynn Bennett, director of Charlotte County Technical Center, expects to pursue a name change in the future, an act that requires the approval of the school board.

"Right now we're making changes so we are aligned and articulating credits into state colleges," she said. "We have to make sure there's a fluid path built within all our programs, then have a discussion with our new superintendent. It's something I'd like to see happen.

"The name change shows that technical schools are places of higher learning," Bennett said. "When people see the word college it draws more candidates because they think of post-secondary opportuni-

ties and make inquiries."

Technical college education provides fast-track certification to jobs, preparing students for careers with intense one- to two-year programs. Tuition is a fraction of two- or four-year colleges and free to high-school students in the school district.

Increasing the number of Southwest Florida residents with certifications is the goal of the FutureMakers Coalition, which is tasked with improving the post-secondary attainment rate of college degrees and certifications from 27 percent to 40 percent by 2025.

Program graduates at McCormick's school earned a median \$38,000 in 2011, the highest among the state' technical schools, and \$10,000 more than a community or state college graduate, he said

"We're fighting for every edge we can get to entice more high-school students to enroll in technical college," said McCormick. "Our programs prepare students for occupations that require post-secondary training, education and certificates. We're providing skilled labor."

In fact, Fort Myers Tech can't produce enough certificate holders to meet demand in some areas of the workforce.

"Air-conditioning and auto technology are among the highest-paying jobs because employers are desperate for people with these skills," McCormick said. "Our graduates can pick from a number of job offers. Our workforce is in need of skilled labor. It's one of the reasons an air-conditioning tech out-earns most college degree holders. The workplace is going to pay whatever it takes to employ these workers."

Shannon Rousey walked away from a high-stress job in the automotive sales industry to enroll in FMTC's major appliance and refrigeration repair program. His GI Bill paid for his education and provided a paycheck while attending the program.

"Everybody thought I was crazy to go back to school but I was never home," said the Lehigh Acres resident and father of six who finished the 18-month course in a year. "I love what I'm doing now."

Úpon earning his certification in

2013, Rousey started his own company Appliance Medic. His wife left nursing to help him run the business.

"The way my life is right now seriously is a testament to the school, the instructors and administration," he said. "They want you to get a job."

Like Rousey, 80 percent of technical college certification holders in Southwest Florida start their own small businesses, the backbone of a local economy.

The US Bureau of Labor Statistics projects faster than average growth in a number of skilled labor categories through 2020: medical assistants, licensed practical nurses, pharmacy techs, information services and support services. Some of the 33 certificate programs it identified offer salaries as high as \$80,000.

Technical colleges provide intense training for a variety of career certifications – from cosmetology and construction, aerospace and information technology to practical nursing and digital design. Nationally popular programs include healthcare, personal and culinary services, mechanic and repair technologies, and computer and information sciences.

When she graduates this November from FMTC's practical nursing program, 54-year-old Elizabeth Stork of Fort Myers expects to earn twice as much as she did working in a restaurant kitchen. A Pell Grant covered the tuition of the yearlong program.

"I'm getting a very good understanding of the field," she said. "Our instructors aren't just teaching us to pass the (licensing) exam; they're focusing on what employers want. They're really getting us prepared for the marketplace. They're asking for more from us than just getting our certifications, and employers really appreciate the training we receive."

Stork, who is Married with a sevenyear-old child, said the coursework has been grueling, and clinical assignments – actual hands-on training – have included working at local hospitals. She's currently the top student in her class of 11.

"It's tough balancing family and school, but I told my family it would be worth it when I graduate."

Stork's coursework at the technical

college will also articulate to college credit at Florida SouthWestern State College or other state-run colleges should she pursue registered nursing. She can find gainful employment as a licensed practical nurse while enrolled in courses for the advanced training.

"Someone who attends technical college isn't closing the door on college or university," said McCormick. "We are a bridge between high school and post-secondary education. For the majority of young people, there are barriers in the way, and they can't jump from North Fort Myers High School to the University of Florida. Technical college prepares them academically, mentally and financially, and they can complete post-secondary work in as little as a year or a year and one half, receive an industry-recognized certificate and earn great wages."

At Charlotte Tech, about 185 students are non-traditional, adults who have returned to school to earn credentials and certificates in auto mechanics, HVAC, construction and nursing – among the school's most popular offerings.

"We're above the state average for adult completion," said Bennett.

With the name change, McCormick believes more students will consider technical college to attain post-secondary training

"When students and parents are making decisions and looking for post-secondary options, they all talk about college," he said. "If you ask a 17-year-old if he or she will go to a technical institute, he or she doesn't quite understand what it is or what we do. When you ask about a technical college, the mindset changes. It's as simple as that."

Local Child Published

The May 2015 issue of Highlights has published a poem by 11-year-old Ryan Van Diver in its "Your Own Pages" section. Ryan, the child of Lisa, is a 6th grader at Evangelical Christian School. He enjoys basketball, football, reading and sports. Ryan wants to be a sports player or surgeon when he grows up.

Each year, Highlights readers send the magazine more than 35,000 submissions. The magazine selects work by boys and girls of all ages and from many different places in the world. By showcasing a representative sample of all the work, Highlights hopes to foster children's creativity.

Devoted to "Fun with a Purpose," Highlights for Children, Inc. has helped children become their best selves for generations. Its flagship publication, Highlights magazine, the most recognizable and widely read children's magazine in the nation, printed its one-billionth copy in June 2006.

Other Highlights offerings include

Other Highlights offerings include Highlights for Children Book Clubs and the Highlights Catalog, a selection of gifts children will love and parents can trust. Online, children can visit www. HighlightsKids.com for interactive content related to each issue of the magazine, and parents can visit www.HighlightsParents. com for informative articles and suggestions for additional family activities.

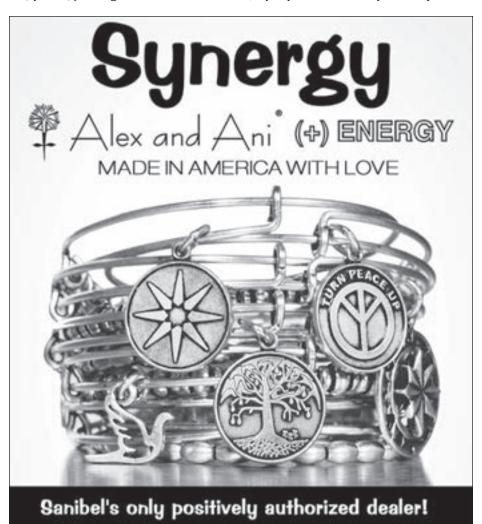
Along The River



Popular local band, High Tide, brings its unusual but refreshing collection of popular music covers to Fort Myers Beach on Friday night: reggae, classic rock, R&B and funk

usic is in the air this week throughout Southwest Florida. From historic downtown Fort Myers the area's beautiful parks and beaches, there are many great venues that feature great music that will get you dancing. On Friday, August 21 from 9:30 to 11:30 a.m., Lake Kennedy Center in Cape Coral features Dance Jam with The Entertainers.

Step back in time as the The Entertainers take the stage at the Lake Kennedy Center every Friday morning. Come dance and enjoy the best music of the Big Band era, polkas, jitterbugs and more. The cost is \$3 per person with complimentary coffee



Synergy Tahitian Gardens • 1981 Periwinkle Way, Sanibel • 239-395-5353

Tap your toes to Woodworks at Shell Point Retirement Community on Tuesday, August 25 provided.

Lake Kennedy Center is located at 400 Santa Barbara Boulevard, Cape Coral and is part of the city's Parks and Recreation Department. For more details, call 574-0575.

On Friday evening, stroll along downtown Fort Myers' beautiful brick-lined streets while talented musicians play in and around restaurants, bars, art galleries and shops during **Music Walk**. Each month brings new energy and great music, from jazz and blues to rock 'n' roll. Music Walk is held on the third Friday of every month beginning at 7 p.m. and attendance is free.

For more information about Music Walk, call Lance at 645-6457 (Ford's Garage) or go to www.fortmyersmusicwalk.com.

On Saturday, August 22, all classic cars are welcome to participate in downtown Fort Myers' monthly **Car Cruise-In**. The free event is held from 4 to 8 p.m. on the fourth Saturday of each month and features cool cars and classic rock. Heavy rain or generally nasty weather will typically cancel this outdoor event. Light rain will not.

For more information about downtown's Car Cruise-In, call (855) 732-3836.

On Friday and Saturday nights, music lovers gather at Times Square on Fort Myers Beach for the **Sunset Celebration**.

Sponsored by the Times Square Merchants Alliance, it takes place in the center of attraction in Fort Myers Beach. The square is a great place to enjoy a beautiful gulf sunset, dinner, desserts, coffee, shopping and, of course, excellent live music from local talent. It's a fun evening for people of all ages and the concert series is free of charge. It is held every Friday and Saturday from 5 to 10 p.m., weather permitting.

Friday features music by popular local band High Tide, which plays an unusual and refreshing collection of popular music covers including reggae, classic rock, alternative rock, R&B and funk.

On Saturday, it's Troublemakerz. The four-piece band plays an eclectic mix of classic rock, modern rock, dance, country, alternative and songs from the '80s.

For more information about Sunset Celebration, call 463-5900.

On Tuesday, August 25, **Shell Point Retirement Community** presents a concert by Woodworks. It is part of Shell Point's fifth annual Summer Concert Series.

Join Thomas E. Suta, professional percussionist and graduate of the New England Conservatory of Music, who founded Woodworks, which features himself on drums/percussion along with four marimba instrumentalists and a talented vocalist.

This is a well-rounded musical program like no other. These artists have active ties to the Southwest Florida, the Naples Philharmonic and Sarasota Orchestra. Enjoy a musical cornucopia of traditional Mexican music, Sousa marches, a Joplin rag, as well as popular and classical favorites.

Tickets are \$21 per person. The concert begins at 7:30 p.m. and doors open at 6:30 p.m. The performance will be held at The Village Church Auditorium at Shell Point.

Shell Point Retirement Community is located at 15100 Shell Point Boulevard, Fort Myers. For more information, call 454-2067 or go to www.shellpoint.org.

On Thursdays throughout August, the **Fort Myers Regional Library** features Jazz Lunch from 12 to 1 p.m. in its outdoor Cornog Plaza. Some of Fort Myers' most exciting jazz composers/musicians perform during the weekly event.

Serving a diverse and ever-changing downtown population, the Fort Myers Library maintains a broad collection of adult fiction and nonfiction as well as children's materials for every reading level. The library is equipped with over 80 Internet terminals and features free wi-fi access for library patrons.

Meeting rooms and study rooms are available for public use. The library offers a wide variety of free programs each month for adults, children and teens. These programs include book discussions, computer courses, children's storytimes, arts and crafts for adults and children, genealogy and small business seminars.

The Fort Myers Regional Library is located at 2450 First Street in downtown Fort Myers. For more information, call 479-4636 or go to www.leegov.com/library/events.

FORT MYERS FARE
Dining From Downtown's Historic River District To The Beaches

For more information, check out our advertisers in this week's River Weekly

DOC FORD'S **RUM BAR & GRILLE**

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's bestselling mystery novels.

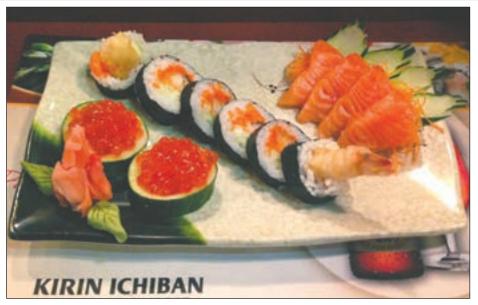
It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze and a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, İsland Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for ten years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Family-owned and operated Ichiban, located in the River District, serves the freshest sushi in Fort Myers. Pictured from left, salmon roe, a shrimp tempura roll and salmon sashimi.

ISLAND COW

Where can you go when you're in the moooood for some great cook'in, local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with french doors leading out to the front and back patios. It is open daily for breakfast,

lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

SS HOOKERS

Get hooked on great cuisine and spir-

its at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it."

A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

17501 Harbour Pointe Drive, Fort Myers. Call 466-4377.☆

> Read us online at IslandSunNews.com



Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900.

www.allfaiths-uc.org
ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Cotholic or Purporting Pite 15 Figure 2015 Catholic or Byzantine Rite, 1.5 mi. east of

Interstate 75. ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099

BETH SHILOH MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m. CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@ chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverendt Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary. CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH 2439 McGregor Boulevard, 334-8937 Reverned Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery

CYPRESS LAKE BAPTIST CHURCH 8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Práise Service Sunday School all times.

FAITH FELLOWSHIP WORLD **OUTREACH MINISTRIES**

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available. FAITH UNITED METHODIST CHURCH 15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary

Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel. FIRST CHURCH OF CHRIST, SCIENTIST 2390 West First Street, next door to Edison Estates. Sunday Morning Service and Sunday School, 10:30 a.m.; Wednesday Evening Testimony Meeting, 5:30 p.m. Child care provided at all services. Visit our Reading Room for quiet study at: 2281 First Street, River District. www.time4think-

com. www.christianscience.com FIRST CHURCH OF THE NAZARENE 13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m. FIRST UNITED METHODIST CHURCH

ers.com, www.christiansciencefortmyers.

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers. org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.
FORT MYERS CHRISTIAN CHURCH

(DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m. KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pästor Randy and Anita Thurman. 10:30 a.m. Sunday Service. LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www. lambofgodchurch.net. Reverend Dr. James Reho. Šunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly

Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarqmail. com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers
NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts. **NEW HOPE BAPTIST CHURCH**

OF FORT MYERS

16120 San Carlos Boulevard, Unit 10.

985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.
NEW HOPE PRESBYTERIAN CHURCH 3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services.

Nursery care provided at all services. 274-

1230. www.newhopefortmyers.org PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship:10:30 a.m. www.peacecommuni-

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com. REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care. RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m Services; 11:30 a.m. Legacy Service, multi-generational. SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relaxe body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www. MeditationInFortMyers.org.

SAINT COLUMBKILLE **CATHOLIC CHURCH**

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9,11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment

ST. FRANCIS XAVIER CATHOLIC **CHURCH**

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Mon.-Thurs. 6:45 a.m.; Fri. 8 11 a.m., 12:15, 4 Creole & 6 p.m. SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation

Sunday Services 10 a.m. SAINT MICHAEL LUTHERAN **CHURCH & SCHOOL (LCMS)**

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m. SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com. Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen

Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholas-

monastery.org.
ST. VINCENT DE PAUL
CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH 16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE 16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30

a.m. Learning Tree Monday through Friday. TEMPLE JUDEA (CONSERVATIVE) 14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.
THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. http://www. newchurchflorida.com. 481-5535.

UNITARIAN UNIVERSALIST CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.
UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.
UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffort-myers.org. Our God is Love, Our Race is Human, Our Religion is Oneness WESTMINSTER PRESBYTERIAN

CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmy-

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m.

Eductional Hour. www.zionfm.org.\$\times\$

Seniors Learn Facebook, Skype And Texting With New In-Home Service

It's not just children going back to school these days. Local seniors are learning to text/Skype and use Facebook with an in-home service that teaches them how to stay in touch with family and friends worldwide.

Visiting Angels, one of the nation's largest in-home senior care companies with an office in our area started the Senior Surfing 101 program to help its clients learn to surf the net. Caregivers go into seniors' homes to teach tech - everything from text messaging and Skype to Facebook and the Internet. The program is part of Visiting Angels' larger Life Care Navigation, which assists families to plan for different life stages that helps seniors socially connect and engage, cope with loss, and understand life changes

Senior Skype

Skype played a vital role in 72-year-old Kathryn's life when she moved to Florida, leaving her son behind in Washington state. Kathryn's Visiting Angels caregiver helped her move cross-country, taught her how to Skype and helped her create a Facebook page... just in time for the birth of her new granddaughter, Kate, in Washington.

Because of this program, I was able to experience two of the greatest joys in life - becoming a grandmother and seeing my son become a new father," said Kathryn. "Skyping and Facebooking with my son and his family are now a normal part of my life. It helps me feel like I'm still an important part of their lives even though I'm miles and miles away.

Log On To Battle Blues

The Visiting Angels' Senior Surfing 101 program also helps older Americans battle depression. One fourth of all seniors over the age of 65 suffer from depression. Recent studies show:

• Seniors who surf the internet can reduce depression by 20 percent.*

- A University of Arizona study finds seniors who use Facebook showed a 25 percent improvement in mental "updating" skills, essentially improving their working
- Another study shows seniors who visit social networking sites like Facebook have a positive emotional experience when measured by breathing rates, brain stimulation and pupil dilation.*

"With our Senior Care Program we identify all the stages of life so we can care for seniors in a holistic way - care for their mind, body and spirit. These social connections play an important role in helping seniors heal from loss, validate the merit in their lives, and allow them to live comfortably in their own homes," said Visiting Angels CEO Larry Meigs. "We created Senior Surfing 101 as part of the program because we discovered when seniors reach out to family and friends with a text or through Facebook, they make immediate connections. This makes them feel in touch with their loved ones and less isolated. They often want to write a letter, but good

From page 1

Humane Society New Clinic

need low cost, affordable health care options for their pets," said Jennifer Galloway, executive director of GCHS.

The new location was remodeled with the help of multiple grant money that include grants awarded from the Southwest Florida Community Foundation. The clinic will serve as a veterinary office and will be able to accommodate more patients. The expanded space has four exam rooms and two doctors to serve patients.

'We are excited to have an expanded facility to better help serve the community," added Gloria Letendre, clinic manager

The current veterinary clinic located at 2010 Arcadia Street will become a low-cost spay and neuter clinic that will service Lee County and surrounding counties. The spay/neuter clinic will focus its efforts on the pet overpopulation problem in Southwest

For more information about Gulf Coast Humane Society, call 332-0364 or visit

Read us online at IslandSunNews.com

luck getting the grandkids to write back. Send a text though, and those grandkids will respond right away. They're learning new technology and that stimulates their minds and keeps them thinking. They crave learning, and now we've brought the classroom right into their homes.

Visiting Angels: Senior Surfing 101

Angels teach seniors how to:

- Use a cell phone, text and send e-mail
- Skype or use Face Time
- Create a Facebook page/account and interact with family and friends

• Log in, shop online or research information on a search engine

Other Visiting Angels services include helping seniors with light house work, medication reminders, bathing, cooking, transportation and socialization.

For more information on Visiting Angels or to find a location near you, visit www.

Local Author Releases Religious Fiction

his week marks the nationwide release of Burning Down The Country House, an absorbing new novel by author Carol M. Williams of Cape Coral. In Burning Down The Country House, Williams explores the circumstances leading up to the fiery end of a marriage built on deceit, power play and ignorance. The author interjects hilarious anecdotes into this poignant account of a family under duress as seen through the eyes of her child protagonist: Addie. Addie relates a heartrending story of physical and emotional abuse, poverty, anger, social prejudices, innocence lost and spiritual decay in the wake of an injudicious abstraction of God and

Addie's passion for life was interrupted at an early age by a sequence of disturbing events - too tragic for her young mind to comprehend - yet she held tight to what she remembered as truth. In this book, Williams delves into the dark trenches of spiritual poverty when the head of a household replaces the one true and living God with one of his own making.

Williams is a Jamaican author who lives in Florida with her husband, Robin. She is actively involved in the Health and Single Moms ministries in her local church. She spends her time between Jamaica and Florida, where she is an avid artist and is a member of the Southwest Florida Art League.

Published by Tate Publishing and Enterprises, the book is available through bookstores nationwide, from the publisher at www.tatepublishing.com/bookstore, or by





Mangrove Snapper Mania Continues



by Capt. Matt Mitchell

he summertime mangrove snapper bite continues to keep going strong with these tasty fish still being relatively easy to locate. Mangrove islands and creeks with good moving cur-

rent are both good places to get started. Firing them up to pop on the surface on some live shiners never hurts, either. The average size mangrove snapper this week was right around 12 inches, with a few bigger ones in the mix going as large as 16 inches. When clients request fillets, these are my go-to species all summer long.

Trout fishing improved this week with more and more slotsized trout showing up out on the open flats. Drop-offs from shallow sandbars that transition into grass with potholes have been the best bet. The long bar that runs from Mackeever Keys all the way north to Cork Island as a great area to work. Target the sand holes out in 3 to 5 feet of water throwing popping corks. This trout bite has been pretty consistent, with the majority of the trout caught right at or below the 15-inch minimum. Stick it out though and you will get your keepers, with even a few right around or over the 20-inch max. Look for clean, clear water for the best trout action. Expect to catch some Spanish mackerel along with jacks and ladyfish that are hanging around with the trout.

Redfish action was tough for me the one afternoon I really fished for them this week. I worked lots of favorite mangrove



Jim Jerozal visiting from Chicago with a bonus baby tarpon caught while fishing with Capt. Matt Mitchell this week

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

islands and shorelines in the southern sound using both jumbo frozen shrimp and a variety of live baits and never did get one. After a few hours of no reds, we ended up getting chased off the water by a fast moving thunderstorm.

Catch-and-release snook are still biting good in the way back creeks if you get a breezy enough day to keep the no see em's from eating you up. Finding any larger snook that want to play has been a little tougher, though. The passes that

where so good for the last 3 to 4 months seem almost void of snook. With snook done spawning, they are now just very spread out being basically anywhere from out on the beaches, to the passes, scattered in the middle sound and even in the creeks.

The bonus fish of week was a small tarpon caught while dock fishing around St James City for snook. After hooking and losing a tarpon on a live shiner, Jim Jerozal hooked and landed the second one. These five- to 15-pound class tarpon are fast running and high jumping and to me are the perfect gamefish on light spinning tackle.

All in all, it was another great week out on the water with the variety of species being just outstanding. One of the real joys of fishing Pine Island Sound is that if one species is just not happening, it's easy to switch it up and target another. Having options sure makes putting clients on fish whole lot easier.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.\$

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CROW Case Of The Week:

Saving The Majestic Osprey

by Patricia Molloy

't has been said that it takes a village to raise a child. In the case of ospreys (Pandion haliaetus), it has taken an entire island to ensure the prosperity of these majestic raptors.

According to The International Osprey Foundation, Sanibel naturalist George Campbell was devastated to discover a dramatic population decline of these native avians on the island. In 1974, with the assistance of Charles LeBuff of the U.S. Fish and Wildlife Service at JN "Ding" Darling National Wildlife Refuge, the first osprey platform was constructed. By the year 2000, six to eight more were built on private property, city land, in "Ding" Darling, on Sanibel-Captiva Conservation Foundation land and atop Lee County Electric Cooperative utility poles. (Before that time, the electric company had systematically destroyed osprey nests because electrical outages were commonly caused by these birds of prey being electrocuted.) Between 1978 and 2003, the osprey population on Sanibel increased

by 400 percent. Early this month, a down and depressed osprey was found in a local canal. The raptor was carefully examined and subsequently admitted as patient #15-1514. While it did not have any broken bones, it was apparent that the osprey was far too ill to fend for itself.

After receiving supportive care for approximately five days in the clinic's ICU, the osprey was moved to an outdoor large flight enclosure where it has room to make short flights that will help it rebuild its strength and stamina. After a week outside, Dr. Molly Lien, DVM intern, said, "He's still in the Large Flight and he is starting to make better, more reliable flights.

As soon as the bird's ability to fly has been fully restored, this magnificent fisheating hawk with the white-crested head will be released so that it can once again perform breathtaking aerial acrobatics in the skies over Sanibel.

CROW has been on the front lines of the fight to save ospreys by treating and releasing hundreds, if not thousands, of the native avians since it opened its doors in 1968. The wildlife clinic's tireless efforts to educate the public about the necessity of protecting all native and migratory wild-life populations in Lee County has also aided in the conservation efforts.

With the continued, combined efforts of local agencies and concerned residents, Lee County's native and migratory wildlife will continue to prosper. Never underestimate the difference that you, as an individual, can make to impact change. Start by volunteering your time or donating money to support CROW in its mission to rehabilitate sick, injured and abandoned wildlife for present and future generations

CRÓW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for



The enclosures on CROW's wooded campus were designed to simulate, as much as humanly possible, a natural environment for its patients. Each one is species specific.

native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m.

Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www. crowclinic.org.₩

Fisherman's Paradise:

The Cussed Catfish



by Cynthia A. Williams

erry C. Wil-liams (1915 to 1976) was something of a legend as a fisherman in the waters off Fort Myers in the 1950s and early 1960s. Reproduced here are chap-

ters from his unfinished Fisherman's Paradise, an account of his fishing adventures that are often hilarious and always instructional. It is presented by Williams' daughter, Cynthia Williams, a freelance writer and editor living in Bokeelia on Pine Island. Chapter XIII Part I

There's probably not a fisherman alive who hasn't caught a catfish. Nor a Florida fisherman who hasn't let out a string of oaths upon discovering one on his line. I've never understood the contempt my fellow fishermen have for this commonest

In the salt waters of Lee county, we have chiefly two kinds of catfish, the common grey sea cat, with its slimy,



Close-up of a hardhead catfish, a saltwater fish

photo courtesy of University of Southern Mississippi Gulf Coast Research Lab

scaleless skin and small "chin whiskers," and the gaff-topsail cats, with their even slimier scaleless skin and elongated dorsal fin, with its slender antenna-like filament

sticking upward from the front spine, and trailing pectoral fin. The gaff-topsail cat has a tail that curves in a deep fork, and its color runs from a bluish-gray on its

back to an off-color white on its belly.

If the sea cat is not handled gingerly, he'll hurt you. He has three barbs that'll pierce a buffalo hide. A prick from any one of these three barbs can cause the hand and arm to swell painfully. I've been out with fishermen whose arm became temporarily paralyzed from an over-dose of catfish "venom." If you get one on your hook, it's a good idea to wait until he stops wriggling, then cautiously slide your hand over the top of his head in such a way that your index and second finger form a Y over the upright dorsal spike, with your thumb on one side and third and little finger on the other. Press down against the stiffened spikes on each side, thus immobilizing them. Then jiggle the hook from his mouth.

A lot of fishermen prefer to disengage a hook with the use of pliers, but I find this more dangerous than firmly grasping the fish in one hand and disengaging the hook with the other. This method prevents the fish from flopping. I've even seen foolish fisherman try to stomp a catfish to death with hard-soled shoes, but this is pure folly, for a catfish's spike will easily penetrate the sole of a shoe. Quite a few fishermen carry clubs or hammers to kill catfish with. This is noisy and scares other fish away and also permits the catfish to flop around and get in an occasional furtive lick with his deadly

To be continued next week...☆

Plant Smart

Pygmy Date Palm

by Gerri Reaves

Pygmy date palm's (Phoenix roebelenii) arching feathery fronds and small stature make it a popular land-scape plant in South Florida.

This native of Southeast Asia resembles its relative, the massive Canary Island date palm (*Phoenix canariensis*), but surpasses it in versatility.

Because it grows only to the size of a large shrub, it is useful in entryways and even as a potted palm on a pool or terrace.

It is especially pretty planted in clusters to give the illusion of a multitrunked palm, with smaller plants arranged around it.

It usually reaches about

10 feet high with a crown spread of six feet or more. The bare but spiny-looking trunks grow to about six inches in diameter.

The leaves, or fronds, of about four feet long are delicate in appearance and arch over near to the ground.

The dark green slender leaflets are shiny.

Two- to three-inch thorns are found at the leaf bases, so take care to not place this palm near walkways or play areas.

Spathed spikes of flowers grow amid the fronds. Male and female cream-colored flowers are produced on different plants.

The inedible dark-red dates measure about one-half inch in diameter.

This tree needs moisture, good drainage and partial to full sun. It is not tolerant of salt or salt spray, so it's not suitable for coastal landscapes.



Non-native pygmy date palm's size and open form make it a popular plant for entrances, pool decks and terraces photos by Gerri Reaves



Thorns appear at the bases of the stems and short spikes of creamy flowers emerge amic the fronds

Pests include red scale, brown spot and Ganoderma butt rot. Magnesium, manganese and potassium deficiencies are also a concern.

If wildlife-friendliness and lower maintenance are priorities, consider planting a relatively small native palm that benefits wildlife instead, such as needle palm (*Rhapidophyllum hystrix*), buccaneer palm (*Pseudophoenix sargentii*), or saw palmetto (*Serenoa repens*).

Sources: 500 Plants of South Florida by Julia F. Morton; Florida Landscape Plants by John v. Watkins and Thomas J. Sheehan; Florida, My Eden by Frederic B. Streasau; A Handbook of Landscape Palms by Jan Allyn; Waterwise: South Florida Landscapes by the South Florida Water Management District; floridata.com; and ifas.ufl. edu.

Plant Smart explores the diverse flora of South Florida.☆

Watershed Research Project Completed



Rookery Bay National Estuarine Research Reserve

Research Reserve (RBNERR) in Naples has completed the Restoring the Rookery Bay Estuary project, a three-year watershed-focused research project aimed at understanding freshwater inflows to the Rookery Bay estuary and associated ecological effects. A significant outcome of the research has been the development of a hydrologic model, which is a tool that can be used by private and public sectors to run different scenarios to help manage the volume and timing of water entering the estuary.

Guided by a diverse advisory group comprising local, state, federal and nonprofit stakeholders, the project focused on gaining a better understanding of altered freshwater inflows and gaining insights on how local water resource decisions are made and implemented.

"Through this project, we have learned about changes in the Rookery Bay watershed over the past 75 years, said Kevin Cunniff, research coordinator at RBNERR and applied science lead for the project. "Based on the data, we learned that the overall amount of fresh water entering the estuary has not changed significantly, but the distribution and timing of fresh water entering the estuary is considerably different. This new understanding can help us better develop and implement strategies aimed at restoring a more natural hydrology within this watershed, which will benefit the ecology of the estuary, while continuing to meet public water supply and flood control

The project used an integrated watershed management approach and hydrologic, biological and social science research to identify freshwater distribution issues, estuarine ecological impacts and potential solutions for mitigating impacts and restoring a more natural water shed hydrology. Results can be used to improve the quality, timing and volume of freshwater inflows into surrounding estuarine and coastal environments. These improvements can enhance downstream habitats, such as seagrasses and oysters, which support robust fisheries and the recreational and commercial interests that rely on them.

"We are pleased to partner with Rookery Bay on this project," said Lisa Koehler, South Florida Water Management District's Big Cypress Basin administrator. "Placing their model in our Model Management System provides user-friendly access to model data, saving time and money on future modeling data collection."

In addition to understanding changes in freshwater inflows to the estuary over time, the project provided insights into how marine life in the Rookery Bay estuary study area has responded to changes in salinity based on historic fisheries research conducted in Rookery Bay since the 1970s. The project also identified and mapped current RBNERR aquatic benthic habitat resources through high-resolution aerial imagery analysis and specifically assessed changes in seagrass within the Rookery Bay study area based on historical imagery analyses. Lastly, the project conducted social science to better under-

stand local attitudes about water.

The project was funded in 2011 through an \$815,000 grant awarded by NOAA's National Estuarine Research Reserve System's (NERRS) Science Collaborative funding program and commenced in 2012. RBNERR staff worked with contractors such as hydrologists, engineers and university faculty on project components including aerial imagery, maps and educational products. A comprehensive final project report will be available online at rookerybay.org in September.

Twenty-eight National Estuarine Research Reserves from around the continental United States and Puerto Rico were invited to apply for this grant. Of the 17 proposals submitted, seven were funded including RBNERR's proposal. The NERRS Science Collaborative is jointly administered by NOAA and the University of New Hampshire.*



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Double Sunshine

photo courtesy of Pat Shapiro, Flying Colors of Naples, Inc.

Weekend Retreat To Benefit Breast Cancer Program

he statistics are alarming: one in eight women will develop invasive breast cancer over the course of her lifetime. To support breast cancer patients, survivors and their loved ones, and in recognition of breast cancer awareness month, Pure Florida will host a Pure Pink weekend retreat Friday, October 9 through Sunday, October 11.

The three-day retreat is open to the public and benefits the American Cancer

Society's Making Strides Against Breast Cancer program. Packages are available for \$200 per person and include a two-night stay on Friday, October 9 and Saturday, October 10 at the Residence Inn Naples.

The retreat begins on Friday with a silent auction at the Residence Inn Naples from 7 to 10 p.m. On Saturday, guests will receive complimentary breakfast at Residence Inn Naples, followed by a 90-minute dolphin cruise aboard Pure Florida's M/V Double Sunshine in Naples. On Saturday evening, guests will be transported to a dinner theater performance at Broadway Palm Theatre. The weekend retreat will conclude Sunday morning with brunch at The Cider

Press Café. The Pure Pink package also includes hotel shuttle transportation and discount shopping at historic Tin City. All of the proceeds will go to the American Cancer Society's Making Strides Against Breast Cancer program. Participants are encouraged to wear pink throughout the two-day event. Reservations can be made by contacting Steven Györkös at 239-659-2309 or sgyorkos@csmcorp.net.☆

Cooper, Mansell Join Colgate's Class Of 2019

egine Cooper of Fort Myers, a graduate of Dunbar High School, Land Chloe Mansell of Fort Myers, a graduate of The Canterbury School, are both members of the Colgate University bicentennial Class of 2019.☼

Candelario Graduates

elson Candelario, a resident of Cape Coral, has graduated from Baldwin Wallace University in Berea, Ohio with a bachelor's degree in Sport Management.

'We are proud of each and every one of our hard working, high achieving graduates," said BW President Robert C. Helmer. "We look forward to watching them as they continue to grow and to make valuable contributions to their communities and the broader society.

BW recognized the Class of 2015 at the university's 165th graduate and undergraduate commencement exercises held in May.⇔

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Sanibel-Captiva Conservation Foundation



Alligator and babies

Gator And Crocodile Tales

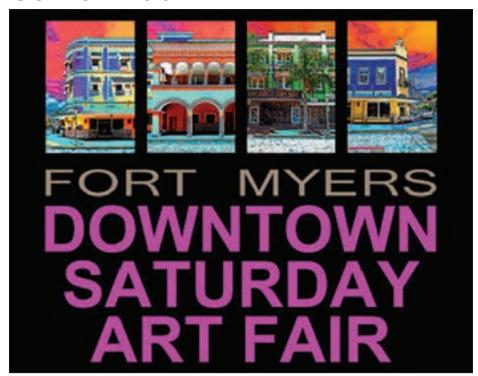
the biology of alligators and crocodiles is an ancient tale of survival. On Wednesday, August 26 at 10 a.m., come to the SCCF Nature Center and learn about these living dinosaurs to ensure our safety and their survival on the islands. With higher summer temperatures, island alligators are very active and females have nested.

During the program, watch a video of alligator nest hatching and learn the story of Sanibel's saltwater crocodile. Cost to attend the program is \$5 for adults, with SCCF members and children admitted free.

Call SCCF at 472-2329 for more information. The Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.



Call To Artists



he Downtown Fort Myers Saturday Art Fair committee is looking for vibrant, accomplished artists and crafters to set up in downtown Fort Myers to sell the works they create. Artists will set up on the First Street sidewalks. Acceptable works include fine art, jewelry, ceramics, designer wear and unique fine crafts. Prints from original works are also acceptable. Art vendors will be placed on the sidewalk at prominent businesses on First Street starting at Royal Palm Avenue and ending at Dean Street. Vendors will be given a nine-foot-long by three-foot-wide space on the sidewalk. Vendors' presentation space must be approved by the Saturday Art Fair jury-

The Saturday Art Fair is held the third Saturday of each month from 10 a.m. to 5 p.m. November through January.

The fee to artists for a spot on the sidewalk is: \$50 for one month; \$90 for two months; \$100 for three months. Full payment is due before November 15.

If you wish to pay monthly, the fee is \$50 per month payable before the second Saturday of the month. There are 50 art vendor spots available.

For more information, contact Claudia Goode at cgoode@actabuse.com or 337-

Design Competition Deadline Approaching

rtFest Fort Myers is holding its poster and T-shirt design competition for the 2016 festival. "This competition is open to all professional artists," said Sharon McAllister, executive director. "Our commemorative poster and T-shirt always feature inspiring original artwork and we encourage any artist, not just those applying to participate in ArtFest Fort Myers 2016, to submit their artwork for consideration.

The artist whose work is selected for will be featured in a broad range of print, online and VIP promotions preceding festival weekend, and continuing throughout the year, as well as a free booth space at ArtFest Fort Myers 2016, a complimentary

three-night stay at the host hotel, plus an invitation to join ArtFest Fort Myers 2017. "I was absolutely thrilled when Sharon McAllister told me that I had been chosen as the ArtFest Fort Myers poster artist," said Ellen Negley about her 2015 poster artist experience. "The poster unveiling party was a special evening that began a month of great exposure to a Fort Myers community that truly sustains the arts. Between robust coverage in the media, a supportive festival committee and a very busy festival weekend, I feel incredibly lucky to represent ArtFest Fort Myers.

Submissions for the contest must represent original artwork in a theme that reflects Southwest Florida and is appealing to a broad audience. Entries are being accepted through August 17 and images can be submitted by email. For more information, visit the website at www.ArtFestFortMyers.com and click on Poster Contest or call 768-

Proceeds from the sales of the commemorative poster and T-shirt help to support a variety of ArtFest Fort Myers' art education outreach programs and the Newspaper in Education Program at the News-Press.

ArtFest Fort Myers, the annual juried fine art festival, takes place February 5, 6 and 7 in the Fort Myers River District. There are 215 professional artists from across the county and around the world, the largest high school art exhibit and competition in south Florida, and free interactive art experiences for children of all ages.



Dr. Trent Brown

Symphonic Chorale's New Artistic Director

he Symphonic Chorale of Southwest Florida will start its fifth season with a new artistic director. The Chorale selected Dr. Trent Brown to take up the baton of Dr. Timothy McDonnell who is stepping down to explore opportunities in other parts of the country

"The board and Dr. McDonnell laid the foundation for a beautiful 2015-2016 season of music," Brown said. "This gift to the community through our musical efforts enhances the lives of thousands of people. I look forward to what we will accomplish together and how we will adapt and grow as Southwest Florida's premier choral ensemble.'

Brown is also director of choral activities and an associate professor of music at Florida Gulf Coast University.

"It is personally very important to me that the Symphonic Chorale continue to pursue its mission, and I'm very pleased that the board has moved quickly to find a successor in the remarkably capable person of Dr. Trent Brown of the Bower School of Music at FGCU. I have known Trent for years, and I very much admire his fine work throughout the region,' McDonnell said.

The two men will collaborate during the first Summer Sing that the Chorale is holding August 25 at 7 p.m. at Lamb of God Church in Estero and again at the third annual Sing Out! Southwest Florida Choral Festival in February.

The Chorale is currently accepting new singers. For more information about the upcoming Summer Sing or to arrange an audition, call 560-5695 or visitsymphonicchorale.org. Rehearsals begin September 8 at Lamb of God Church.

Lake Kennedy Senior Center

Isle Of Capri Casino Trip

he Lake Kennedy Center in Cape Coral is offering a trip to Pompano Beach for a day of gaming fun on Thursday, September 10. The destination is Isle of Capri Casino, which has over 1,500 slot machines and 38 poker tables. There will be an all-you-can-eat buffet, and each attendee will receive \$10 in free play and a \$4 off coupon for the buffet.

Departure time from Cape Coral is 7:30 a.m. and departure time from the casino is 4 p.m.

Cost is \$35 for members and \$40 for non-members. Pre-registration is required. Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.☼

Alliance Extravaganza Will Celebrate The Abstract Movement

n Saturday, September 26 the Alliance for the Arts will present its fall fundraising extravaganza, Abstraction. This highly anticipated annual art party will celebrate the abstract movement while supporting the 40-year-old nonprofit's new effort to convert its 10-acre campus into a true cultural hub for the entire communit.

The evening will be filled with wild interactive art elements, great live music, fascinating installations and distinctive tapas provided by some of Southwest Florida's finest chefs. New 2D and 3D abstract works created by artists from around Southwest Florida will be unveiled.

The event begins at 7 p.m. Tickets are \$100 and are available at ArtInLee.org or at the Alliance. Event proceeds will match the \$50,000 Rauschenberg Foundation Challenge Grant supporting the new Alliance Campus Enrichment Plan.

Details on the grant and the plan are available at artinlee.org/rauschenberg-challenge-grant/.

The evening is proudly sponsored by Lee County Electric Cooperative (LCEC). Wicked Dolphin Distillery in Cape Coral is providing the signature drink. Culinary sponsors include The Prawnbroker, Gloria's la Trattoria Cafe Napoli, Chef Pyro, and Caffé Toscano

Sponsorship opportunities are still available. For more information, call 939-2787 or visit ArtInLee.org/abstraction.

The Alliance campus and galleries are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays, located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.



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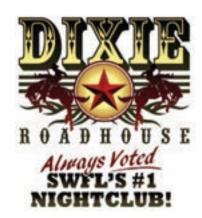
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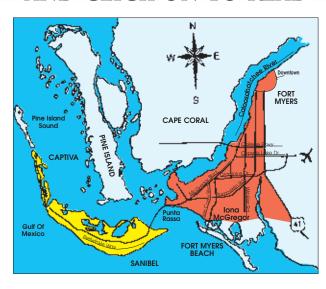




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Red Sox manager John Farrell

photo courtesy Boston Red Sox

Rivalries Pale In Importance When News Of Red Sox Skipper John Farrell's Cancer Is Reported

by Ed Frank



he bitter, often contentious rivalry between the Boston Red Sox and the New York Yankees that dates back decades suddenly came to a screeching halt last week with the announcement that Red Sox manager John Farrell had been diagnosed with a treatable form of cancer - Stage One lymphoma.

Within minutes of the report, the Yankees took to Twitter to wish the Red Sox skipper "a full and speedy recovery.

Those few words from the Yankees makes us all realize that baseball and all other sports are just games and are of secondary importance to the real issues in life.

John Farrell is a classy guy. He's had his ups and downs with the Red Sox in his three years as manager, but has always been cordial and cooperative with the media. He is taking a medical leave for the remainder of the season and his bench coach,

Torey Lovullo, was named acting manager in his absence.

In a press conference late last week, Farrell explained that the cancer was found during hernia surgery earlier in the week. He said it is a "highly curable" lymphoma that will be treated with chemotherapy. The treatments began this week.

The press conference included emotional remarks of support for the manager from Red Sox stars David Ortiz and Dustin Pedroia.

Sports crosses boundaries far broader than a baseball diamond, football field or basketball court.

As soon as Terry Francona, manager of the Cleveland Indians, heard the news, he couldn't find a phone fast enough to tell his longtime friend that he will accompany him to his first treatment, which was Tuesday.

By coincidence, the Indians were scheduled to be in Boston this week for a threegame series.

The relationship between the two began in 1988 when they were teammates with

the Indians, and it grew stronger over the years. Farrell was pitching coach under Francona from 2007 through 2010, when he left to become manager of the Toronto Blue Jays.

Francona was ousted by the Red Sox after four seasons, but that rather acrimonious split has nothing to do with his support for Farrell.

'I have no doubt that he will beat the hell out of this, probably with one hand tied behind his back," Francona told reporters when learning of the illness.

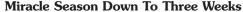
Francona said it is weird that his team will be in Boston (their only visit to Boston this season) when his friend begins chemotherapy.

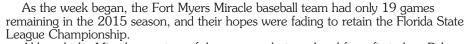
'I'm glad, just because he's my friend and I care about him a lot. I hope that helps because you're kind of limited with what else you can do," he said.

Farrell's treatment Tuesday was the first of nine weeks of chemotherapy. Doctors have told him the cancer is localized and "highly curable."

The sadness of a life-threatening disease almost always draws a family closer together. We saw that this week with baseball's family - a bond-

ing far more important than winning a game or winning a championship.





Although the Miracle won two of three games last weekend from first-place Palm Beach, they remained six games behind the Cardinals with a 28-23 second-half season record through Monday of this week.

Fort Myers begins a six-game homestand this Sunday facing Jupiter and then Bradenton in two three-game series.

Fort Myers Derby Girls Prepared To Conquer The Gold Coast August 23



s a proud sponsor of the Fort Myers Derby Girls, Cre8 Salon & Spa announced that tickets are available now for the team's next home bout against the Gold Coast Derby Grrls, which starts at 6:30 p.m. on Sunday, August 23 at Bamboozles Skating and Event Center, 2095 Andrea Lane in Fort

Happy hour starts at 4:45 p.m., and donations will be collected for Oma's Heart, which provides Christmas gifts to financially struggling families. Advance tickets are \$10 and can be ordered at www.brownpapertickets.com/event/2067989. Tickets at

Fans are asked to bring the following, based on a wish list provided by Oma's Heart: toys for children birth to age 2, toys for children ages 9 to 12, gift cards, movie tickets, sports balls (football, basketballs, soccer balls), stuffed animals, batteries of all sizes, Magic Tape, Christmas wrapping paper and stocking stuffing items.

Following the bout, meet and mingle with the skaters at Stevie Tomato's Sports Page, located at 9510 Marketplace Road in Fort Myers.

Fort Myers Derby Girls empowers its team members to work hard, have fun and make a difference in the community," said Cre8 Salon & Spa owner Marcy Moreno. "That's not too different from what we do at Cre8 every day, so it's a natural organization for us to support. If you've never been to a roller derby bout, you're in for a real treat on August 23.

The final home bout in the home season is on September 27 vs. South Florida

Roller Girls, also at Bamboozles. Fort Myers Derby Girls is recruiting skaters, referees, non-skating officials, announcers and volunteers. Learn more online at www.fortmyers-

Teacher Appreciation Event To Benefit Kids Helping Kids

teacher appreciation event is set for Friday, August 21 to honor Lateachers as they head back to the classrooms while at the same time raising money for the Kids Helping Kids organization. It is the first of three events leading up to the big Kids Helping Kids Festival November 14.

All teachers and students as well as the public are invited to take part in family entertainment from 6 to 8 p.m. on August 21 at Alico Family Golf, 16300 Lee Road (intersection of Lee and Alico roads), south of Fort Myers).

Admission is free. There will be miniature golf, driving range, Bubble Soccer (6 to 7 p.m.), family entertainment, food and other items available for purchase. Donations will be accepted for the Kids Helping Kids organization.

Two other events will be held before the November festival. On September 25, there will be an appreciation event for firefighters, law enforcement and other emergency personnel and on October 16, there will be an event celebrating small business owners. Both events will be from 6 to 8 p.m. at Alico Family Golf.

The third annual Kids Helping Kids Festival will take place on Saturday, November 14, from 10 a.m. to 10 p.m. also at Alico Family Golf. The festival includes live animals, a rockwall, Bubble Soccer, bounce houses, live music, games and food vendors. The cost is \$10 for unlimited activities; admission is free for kids under five.

The events are sponsored by Alliance Financial Group and Alico Family Golf.

Opportunities for sponsorships and vendors are still available. For more information, contact Kathy Bongiorno at Alliance Financial Group at 561-2900 or info@kidshelpingkidsswfl.org

The mission of the Kids Helping Kids Festival is to empower and inspire young people across Southwest Florida to make a difference in the lives of their peers. The annual Kids Helping Kids Festival provides a forum for youth to come together, celebrate and learn how to turn their passion into service. For more information visit: www.KidsHelpingKidsSWFL.org.☆

Read us online at IslandSunNews.com

Financial Focus

Inflation And Your Retirement Income Strategy



by Jennifer Basey

Tou might not think much about inflation. After all, it's been quite low for the past several years. Still, you may want to take it into account when you're planning your retirement

income strategy.

Of course, no one can really predict the future course of inflation. But it's a pretty safe bet it won't disappear altogether – and even a mild inflation rate, over time, can strongly erode your purchasing power. Consider this: If you were to purchase an item today for \$100, that same item, in 25 years, would cost you \$209, assuming an annual inflation rate of 3 percent. That's a pretty big differ-

During your working years, you can hope that your income will at least rise enough to match inflation. But what about when you retire? How can you minimize the impact of inflation on your retirement income?

One thing you can certainly do is include an inflation assumption in your

calculations of how much annual income you'll need. The number you choose as an inflation factor could possibly be based on recent inflation levels, but you might want to err on the conservative side and use a slightly higher figure. Since you may be retired for two or three decades, vou might have to periodically adjust the inflation factor to correspond to the actual inflation rate.

Another important step is maintaining an investment portfolio that can potentially provide returns well above the inflation rate. Historically, stocks have been the only investment category - as opposed to investments such as Treasury bills and long-term government bonds – whose returns have significantly outpaced inflation. So you may want to consider owning an appropriate percentage of stocks and stock-based investments in your portfolio, even during your retirement years.

Now, you might be concerned at the mention of the words "stocks" and "retirement years" in the same sentence. After all, stocks will fluctuate in value, sometimes dramatically, and even though you may be retired for a long time, you won't want to wait for years to "bounce back" from a bad year in the market. But not all investments move in the same direction at the same time; spreading your dollars among a range of asset classes - large stocks, small and mid-cap stocks, bonds, certificates of deposit (CDs), foreign investments and so on may help you reduce the impact of volatility on your portfolio.

And you don't even have to rely solely on stocks to help combat inflation. You

could also consider Treasury Inflation-Protected Securities, or TIPS. When you purchase a TIPS, your principal increases with inflation and decreases with deflation, as measured by the Consumer Price Index. Your TIPS pays interest twice a year, at a fixed rate; this rate is applied to the adjusted principal, so your interest payments will rise with inflation and fall with deflation. When your TIPS matures, you will receive adjusted principal or original principal, whichever is greater. As is the case with other bonds, though, you could choose to sell your TIPS before it

Work with your financial advisor to help decide what moves are right for you to help protect your retirement income from inflation. It may be a "hidden" threat, but you don't want to ignore it.

* Yield to maturity cannot be predetermined, due to uncertain future inflation adjustments. If TIPS are sold prior to maturity, you may receive less than your initial investment amount. If bonds are not held in a tax-advantaged account, investors will be required to pay federal taxes on the accredited value annually, although they will not receive any principal payment until maturity. When the inflation rate is high and the principal value is rising significantly, the taxes paid on TIPS may exceed interest income received. Therefore, TIPS may not be suitable for investors who depend on their investments for living expenses.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basev@edwardjones.com.☆

Pediatric Dentistry Of Fort Myers Inaugural Snow Day October 3

ediatric Dentistry of Fort Myers will host an inaugural community fundraiser, Snow Day 2015, on Saturday, October 3 from 11 a.m. to 2 p.m. The festivities include holiday pictures with Anna and Elsa along with Olaf from the movie

The event will feature snow special effects, NBC2 Chief Meteorologist Hayley Webb will help predict the forecast for snow, 96.9 More FM live broadcast and music by the South Fort Myers High School Band, face painting, bounce houses and a slide.

Meet various mascots including Swampee from the Florida Everblades, Miss-A-Miracle from the Fort Myers Miracle, the Chick-Fil-A cow and a Minion, courtesy of Jumping Jacks Fun Zone. View Frozen artwork courtesy of Painting With A Twist and create kid-friendly crafts in Santa's workshop.

Food will be available and provided by BurgerQue, The Sizzle Truck, Doner Kebeb King Karl and Poutine Queen at an additional charge

"This is a unique events for *Frozen* fans. Jeffrey Shafer, our marketing director, did a great job gathering top anchors in the community," said Dr. Tim Verwest, DMD. "If you want to have great holiday pictures to look back on, come to Snow Day 2015."

Admission is \$5 for adults and \$10 for an all-day wristband for children (unlimited access to bounce house play, face painting and VIP pictures with Anna, Elsa and Olaf). Purchase tickets in advance by visiting http://goo.gl/cbCqi8.

Snow Day 2015 is located at 8016 Summerlin Lakes Dr, Fort Myers, FL 33907. All proceeds from Pediatric Dentistry of Fort Myers' Inaugural Snow Day 2015 will benefit the Abuse Counseling Treatment, Inc. (ACT).

For more information, visit www.DrVerwest.com or call 482-2722.

AppleJuice

How To Add Artwork To Apple iTunes



by Carol Rooksby Weidlich, President, **SWACKS**

In the latest version of iTunes, version 11, you may notice that if you have ripped music from CDs and not purchased it through the Apple iTunes Store, you

may not see the Artwork for the Album covers. It's easy to add cover images with these few quick steps.

First open iTunes and make sure "My Music" is highlighted. Here you'll see the Artwork for the music you have. Take note of which covers you want to have an image. Open Safari and do a Google search for the album or artist name under "Images." Before you copy any of the images you see, at the top of the page you'll see "Search Tools." Click on "Search Tools," then "Usage Rights." Click on the little arrow to the right then on "Labeled for reuse" or "Labeled for noncommercial reuse." Many images found on the Internet today are copyrighted, and even with filtering your search, you may come across such

a copyrighted image. You might also consider using any of your personal photos as the Artwork for the cover. Save that image either to your desktop or your download folder.

Now that you have your image, go back to iTunes and click on the Artwork image with the musical note in the center. On that image type "Command + I" to get the information. The second tab is for "Artwork." At the lower left, you'll see an option to "Add Artwork." Click here and in the Finder window, locate where you saved that image, i.e. your Downloads folder. Click on the image and "Open." The image now appears where the musical note was. Click "OK" and you have an image for your album cover. If you saved the image on your desktop, you can drag the image to that area and drop it in or copy and paste it.

To remove the Artwork image, open the Information window, click on Artwork and the image, then click Delete.

If you have downloaded the image and have no further use for it, you can put it in the Trash.

Workshops are held the second Tuesday of each month from 1 to 3 p.m., and meetings on the fourth Tuesday of each month from 7 to 9 p.m., with the exception of July and August at Zion Lutheran Church, 7401 Winkler Road in Fort

For more information on the South West Florida Apple Computer Knowledge Society (SWACKS), visit www. swacks.org.₩

Two Named To Lee Tourism Council

The Board of Lee County Commissioners appointed Anita Cereceda and Mike Gibson to the Lee County Tourist Development Council.

A native southwest Floridian, Cereceda was the inaugural mayor for the Town of Fort Myers Beach. She served on the town council from 1995 to 2000 and was elected to the council again in March 2014. Cereceda studied philosophy and theater at Florida State University and returned to Fort Myers Beach in 1988 to help her parents with the family business. She is the town's current mayor as well as owner of The Pier Peddler and Local Color in Times Square at the north end of the island.

Gibson, a longtime area resident, serves as a Bonita Springs city councilman, District five. He is the city's liaison to the Bonita Springs YMCA and serves on the board of directors of the Bonita Wonder Gardens, recently formed to preserve and enhance the long time tourist attraction. In addition, Gibson runs the family businesses: Engel's Bicycles and Engel's Outta' line Bait and Tackle. Before taking over the family businesses, he retired from management positions with Publix Super Markets. Gibson studied mechanical engineering and business management at the University of Florida.

The nine-member tourism council was established by the commissionin 1983 to increase off-season tourism to Lee County.

> Share your community news with us. Call 415-7732, Fax: 415-7702 or email press@riverweekly.com

School Smart



by Shelley M. Greggs, NCSP

Shelley, I have heard that there will be a new SAT test for students. Do you know why this is such a big deal? Are students supposed to study for it

like before? Do they have to take classes for it? I have two kids in high school that might want to take this test

Lyndsay M., Cape Coral, Florida

The College Board just introduced a new practice tool for the redesigned SAT, which will first appear in March 2016 and they have announced that they are joining forces with Khan Academy to provide free SAT practice programs and resources to all students. This new online tool will make test preparation materials available for free, a move aimed at making the college admissions race less stressful and more fair. College Board President David Coleman said, "the partnership aims to level the college admissions playing field by putting high-quality training within easy reach of students without the funds for commercial test-prep services or the family support often needed to stick with a self-paced practice book.

The redesigned SAT will be graded on a 1.600-point scale last used in 2004. and will make the currently required essay section optional. Test-takers no longer will lose points for wrong answers, a feature meant to discourage guessing but instead produced many criticisms that the exam was more an exercise in strategy than a measure of college readiness.

The free online test prep, developed in conjunction with the nonprofit Khan Academy, gives students customized feedback as they progress through the material. To start each subject, users take a short quiz to determine the level of difficulty for the practice test questions. Then, after they work through items, the system highlights wrong answers and provides detailed explanations of the math, writing or reading items. There are also video lessons and reference articles available to help students hone their skills.

The new questions were written with an eye toward adhering more closely to what students are learning in high school and evaluating the practical knowledge they will need for life beyond college, Coleman said. For example, higher-level vocabulary words like "querulous" have been replaced with more commonly used terms such as "synthesis," he said.

"Everything we are doing is to make it easier for students to navigate this territory we know has typically been filled with anxiety," Coleman said.

Khan Academy and the College Board will work together continuously to ensure that practice materials are of the

highest quality and focus on the work that matters most. And they will train tutors, counselors, mentors and others to help students take full advantage of all resources.

For more information on this or to sign up to use the practice tool, visit https://collegereadiness.collegeboard.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication.☆

Hodges University Enrollment Open

nrollment for the upcoming fall ■ 2015 semester is currently open ◆at Hodges University. Applicants looking to enroll in associate, bachelor's or master's degree programs have the opportunity to do so for classes at both the Fort Myers and Naples campuses and online. The university's five schools of business, allied health, technology, professional studies and liberal studies

Three new master's degree programs Master of Public Administration (MPA), Master of Arts in Visual Communication (MVC), and Master of Science in MIS programs are also available through Hodges University's UPower program, a self-paced, online program for those looking for an affordable, competencybased degree option. For \$2,500 for undergraduate programs or \$3,000 for graduate programs, students can take as many classes in a six-month period as they are comfortable with, testing out of portions of or entire classes based on fees, all e-books, and tuition. For more information on UPower, visit Hodges. edu/UPower.

to degree-seeking students who need to build or refresh skills for academic study. The program includes acceleratedtechnology as well as 15-week courses in math, English, and intensive English for non-native speakers. All courses are designed to meet the needs of adult learners pursuing a degree at Hodges University.

provide students a variety of career paths

have been added to the UPower program Information Systems (MIS). The MPA and knowledge and skill. Cost includes student

A new Bridge Program is also offered learning boot camps in math, English and

Orientation will take place on Wednesday, September 2 at the Fort Myers campus and Thursday, September 3 at the Naples campus. Classes begin on September 9. Call a Hodges advisor today to schedule an appointment, discuss which program is right for you, and see what financial assistance is available. For more information, visit hodges.edu or call Hodges admissions at 1-844-HODGESU.⇔

Local United Way Services In Cape Coral

alusCare and Community Cooperative announced plans to expand their services in Cape Coral. Salus-Care will expand its behavioral healthcare services for children and adolescents while Community Cooperative will expand its emergency food and social service programs to satellite locations throughout greater Cape Coral.

'Additional medical providers specializing in the behavioral healthcare of children and adolescents is greatly needed in Cape Coral and we are excited to be able to bring more services to the Cape community," said Kevin Lewis, SalusCare CEO.

Community Cooperative's social services will post office hours at community partner sites throughout the city and the agency will expand its mobile pantry operations to more locations affording underserved Cape Coral residents services closer to where they live.

"By moving to this new service delivery model, we hope to reach those individuals and families in every corner of Cape Coral who otherwise would not have access to much needed food and social services," said Tracey Galloway, Community Cooperative CEO.

SalusCare's outpatient behavioral health treatment facility, located at 1105 Cultural Park Boulevard, also serves as the Cape Coral United Way House,

which is coordinated by and anchored with Community Cooperative's emergency food and social services programs. As a result of the demand for behavioral health services, and the continued need for emergency food and social service programs in Cape Coral, both agencies have outgrown the ability to share one

"This is actually a good problem to have," said Cliff Smith, president of the United Way of Lee, Hendry, Glades and Okeechobee Counties. "Two of the largest human service agencies in Lee County are expanding their services in an effort to serve more Cape Coral residents.

The United Way, Community Cooperative, and SalusCare are working collaboratively with the City of Cape Coral to identify the best location for a new United Way House. United Way Houses serve as shared office spaces from which multiple United Way partner agencies offer services.

Beginning August 31, the United Way House will temporarily hold its office hours out of the CareerSource Building located 1120 Cultural Park Boulevard, across the street from the current location. Community Cooperative will launch its new service model on Monday, August 31 as well.

Information on each agency's programs, locations and hours can be found on their respective websites: www.UnitedWayLee.org, www. CommunityCooperative.com, www.

Virtual School **Enrollment Open**

→lorida Virtual School Full Time →(FLVS FT), a statewide virtual public school, still has enrollment for grades kindergarten to twelve for the 2015-16 school year. Information sessions - both in person and online - are being held for parents and students across the state to learn more about the school.

Combining Florida-certified teachers, a proven curriculum, technology tools and community experiences, Florida Virtual School Full Time delivers a high quality education online to children who benefit from an individualized approach to learn-

Online learning is one of the fastest growing forms of education, and students attending school in 2015 will learn and apply their education in a much more technologically advanced and dependent world than their parents. We prepare children to succeed in that world," said Lead Kindergarten-8 Principal Marcie Trombino.

For more information about specific FLVS FT services and eligibility guidelines for enrollment, visit the school's website at www.flvsft.com or call 877-500-FLVS (3587)

Florida Virtual School Full Time will host free in-person parent information sessions for interested kindergarten through eighth grade families to learn more. High school age children should call the school for relevant sessions. For those unable to attend an in-person session, real-time interactive online information sessions and an on-demand session accessible 24/7 are also available for families. The information sessions provide an opportunity for families to learn more about the virtual school, review the school's curriculum, and ask questions of teachers and school representatives.

Parent Ellie Baltodano of Naples said, "'Virtual public school?' I thought to myself; 'what is that?' I was certainly curious. My thoughts: high quality, home-based, accredited, and free. It seemed too good to be true. Would it have the challenging curriculum that we were looking for? We are in our sixth year with FLVS FT, and we plan to remain in the program until graduation day. Does the program give our children a challenging curriculum? The answer, of course, is an overwhelming yes!

Learning from home, all FLVS FT students work closely with a parent, or another "Learning Coach" and a certified Florida teacher using detailed daily lesson plans that can be personalized to meet individual student needs. Interaction between teachers and students at FLVS FT is frequent. Accountability is central to the school's mission and students must meet the same levels of accountability and complete the same state standardized tests as they would in traditional public school. FLVS FT serves a wide range of Florida students, including those who are significantly ahead or behind in the classroom, students who would benefit from more individualized instruction or those who require a flexible school schedule.

A complete schedule of events and a link to the on-demand session can be found online on the school's website. \$



Many of the original nursing, housekeeping, dietary and hospitality staff members who were hired upon The Arbor's opening in 2005 still serve its residents today

The Arbor At Shell Point Celebrates 10th Anniversary

The Arbor, one of Shell Point Retirement Community's three assisted living facilities, observed its 10th anniversary this month with a celebratory dinner for its 130 residents.

Rebecca Dearborn, The Arbor's first resident in 2005, attended the dinner and shared her thoughts about her home.

"What I appreciate the most is that the people here really seem to care about you. It's the staff and my friends here who make it such a great place to live," said Dearborn, who turned 100 years old in March. "The employees love each of us personally."



The Arbor's first resident in 2005, Rebecca Dearborn, celebrated her 100th birthday in March

Human Trafficking Awareness Event

n August 28 from 4:30 to 6 p.m., Homewood Suites Hotel at Bell Tower will be hosting Not on My Watch, an opportunity for businesses, law enforcement and community leaders to meet and informally discuss ways to make their employees aware of the signs of human trafficking. Hotels are one of the main venues in Florida for human trafficking.

Facts about human trafficking:

- Human trafficking is the second largest international crime in the world.
- Florida ranks as one of the top three states with the most instances of human trafficking in the U.S.
- The hospitality industry is the second largest industry in Florida and is a major venue for trafficking.
- Children between ages 11 and 15 are the number one targeted group by traffickers.

These facts add up to a need to be

informed about the dangers of trafficking. It is important to learn how to protect yourself, your customers and your children

The typical victim of trafficking in a hotel is a young American girl.

Lee Bellamy, a board member of Human Trafficking Awareness Partnerships (HTAP) and vice-president of the Lee County Hotel Association, is working in conjunction with HTAP to host the event. Information about trainings available to different businesses and prevention programs will be made available. Law enforcement representatives and other members of the SWFL Regional Human Trafficking Coalition will be present to answer questions.

Complimentary hors d'oeuvres, beer and wine will be served. There will be a raffle and a silent auction with many hotel packages and other items.

For more information, contact HTAP at 415-2635 or info@humantraffickingawareness.org. Homewood Suites Hotel-Bell Tower is located at 5255 Big Pine Way in Fort Myers.

Share your community news with us. Call 415-7732, Fax: 415-7702 or email press@riverweekly.com The recent celebration not only marked the building's anniversary but also the 10th year of service for many of the original nursing, housekeeping, dietary and hospitality staff members who were hired upon The Arbor's opening.

"The Arbor staff is just as dedicated to our residents today as they were in 2005," said Rita Southern, director of assisted living and resident support services. "Shell Point's entire assisted living care team is committed to supporting



The Arbor assisted living residence at Shell Point celebrates its 10th anniversary in August

the highest level of independence that our residents' health will allow."

Located in The Woodlands neighborhood at Shell Point, The Arbor contains 132 assisted living residences with lifestyle amenities that include a formal dining room in addition to individual "Country Kitchens" on each floor, community-wide bus transportation, a tranquil outdoor gazebo, and a full-service salon and spa. Additional healthcare is offered 24/7 by licensed nursing staff and a medical center with an array of specialty physicians, ranging from cardiology to orthopedics, who see patients by appointment at The Arbor.

Shell Point also offers assisted living for any residents in the Southwest Florida community at The Springs, located at 13901 Shell Point Plaza, Fort Myers. The Springs offers month-to-month assisted living care on a private-pay basis and provides access to Shell Point's resort-style amenities and health care services.

To learn more, visit www.shellpoint.org or call 1-800-780-1131. 公

Chico's Scarf Will Support Stand Up To Cancer Effort

Port Myers-based Chico's FAS has launched a limited edition scarf designed by artist and entrepreneur Sheila Johnson to support Stand Up To Cancer (SU2C), a program of the Entertainment Industry Foundation (EIF), a 501 (c)(3) charitable organization. Funds raised during this initiative will help accelerate innovative cancer research to get new therapies to patients quickly.

During the campaign, Chico's will offer the limited-edition scarf, designed by Johnson. This scarf will be sold at Chico's boutiques across the U.S. and Canada, as well as online at www.chicos.com. Chico's will donate \$10 to Stand Up To Cancer (up to \$100,000) for every scarf purchased from now through October 31

"I learned about Stand Up To Cancer many years ago and have been personally invested in this organization since it was started," said Johnson. "I became involved because I've lost so many friends and close family members to cancer. Only research can answer why this disease touches so many, and research needs dollars to continue the fight."

"We're thrilled to continue our important collaboration with Stand Up To Cancer and to join forces with powerhouse Sheila Johnson to help raise funds and awareness for such a worthy cause," says Liz Hodges, Chico's senior vice president of customer experience. "Stand Up To Cancer is a formidable organization that is pushing cancer research forward to an unprecedented degree. Chico's, together with our customers, is proud to be able to contribute to such a dynamic



The limited edition Chico's scarf is in cerulean blue and sells for \$50, with \$10 going to Stand Up for Cancer

Stand Up To Cancer is changing the culture of cancer research through its unique funding model, which facilitates collaboration among scientists in different disciplines from different institutions. Over 940 researchers from 123 institutions in six countries are collaborating on SU2C-funded research.

"We are deeply grateful to Chico's for helping raise awareness about Stand Up To Cancer among their customers all over the U.S. and Canada. We can each play a role in the fight against cancer," said SU2C co-founder Sherry Lansing.

For more information about the collaboration, visit www.chicos.com or contact Kristin McClement: kristin.mcclement@chicos.com, 346-4870 or Amy Sedlacek: amy.sedlacek@chicos.com, 346-8674.

deaRPharmacist

Relieve Joint Pain Without **Ibuprofen**

by Suzy Cohen, RPh

ear Readers: Many people have aches and pains that require ibuprofen and no one would begrudge you for taking this pill for an acute migraine or severe pre-menstrual cramps. I've been asked if I believe in

ibuprofen and I do, but only for occasional use. I've even recommended a 200mg tablet of ibuprofen be taken along with a cup of coffee (to enhance effect) but that's only for a select type of headache pain, or for mild post-operative pain. Sounds crazy but combining caffeine with ibuprofen can provide pain relief better than the ibuprofen alone. A recent article discussing this was just published in The Cochrane Database of Systematic Reviews (July 2015).

I don't recommend chronic, daily intake of ibuprofen because a) it masks the pain and b) it can be harmful long term. It's better to find the underlying cause of pain, and even if you can't, I still recommend natural inflammation fighters over NSAIDS (nonsteroidal anti-inflamma-

According to Medline Plus, "NSAIDs such as ibuprofen may cause ulcers, bleeding, or holes in the stomach or intestine. These problems may develop at any time during treatment, may happen without warning symptoms and may cause death. The risk may be higher for people who take NSAIDs for a long time, are older in age, have poor health, or who drink three or more alcoholic drinks per day while taking ibuprofen. If you experience any of the following symptoms, stop taking ibuprofen and call your doctor: stomach pain, heartburn, vomit that is bloody or looks like coffee grounds, blood in the stool or black and tarry stools.

NSAIDs reduce inflammation by suppressing an enzyme in your body called cyclooxygenase-2 or COX-2 but they inadvertently block COX-1 enzyme which is needed for a healthy stomach lining. This is why NSAIDs like ibuprofen, naproxen and others can cause gastritis and even a bleeding ulcer. Here are two safer choices for you:

Boswella: It's also known as frankincense and it's a 5-LOX (5-lipoxygenase) inhibitor. This reduces leukotrienes which are involved in inflammation, asthma and allergies. Another compound in boswellia called incensole acetate blocks NF-Kappa B which would otherwise pour out tons of pain-causing cytokines! This compound acts like an anti-anxiety and antidepressant pill. Boswellia reduces interferon gamma (IFN-g), another pro-inflammatorycytokine. Honestly, boswellia is kind of awesome!

Ginger: We know this helps with nausea and vomiting, but it's also a strong anti-inflammatory herb, capable of reducing pain-causing compounds such as TNFa, COX 2 (just like Celebrex) and 5-LOX. As an added benefit, compounds in ginger target and kill H. pylori, the bug most famous for stomach ulcers, but also involved in rheumatoid arthritis.

Hyaluronic acid: I am not referring to injectable Restylane or Juvederm for wrinkles! I'm referring to natural supplements of this, which can "lube" your joints. Arthritic joints are often extremely deficient in hyaluronic acid, and this makes the cartilage less squishy. Supplements may help.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.☆

> Read us online at IslandSunNews.com

Chronic Disease Management Program

ne in four adults have two or more chronic health conditions such as diabetes, heart disease, arthritis and obesity. These conditions are common, costly and preventable.

Lee Memorial Health System will present an interactive program titled It's All About You to teach individuals how to manage any chronic condition. The workshop is 2.5 hours once a week for six weeks and it is free. Participants will also receive a copy of Dr. Lorig's book Living a Healthy Life with Chronic Conditions.

The next workshop will be offered on Tuesdays, beginning September 15 from 9 to 11:30 a.m. at the Fort Myers Regional Library, 1651 Lee Street in Fort Myers. Registration is required and limited

Participants will learn how to improve health, well-being and self-confidence by focusing on three primary concepts: decision making, action planning/goal setting and problem-solving. Topics include healthy eating, physical activity, pain and fatigue management and more. Developed by Kate Lorig, Ph.D., Stanford University, It's All About You the Chronic Disease Self-Management Program has been implemented worldwide for 20 years. Registration is required. Call 424-3122 to register.☆

Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your guestions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I volunteer at a local nursing home, visiting the patients and bringing a little of the outside world to them.

I feel so sorry for some of these people because their families say that they are too busy and do not have time

One resident has a visitor each Monday at 1 p.m. I asked the director who this woman was and could she be part of our volunteer team? I was surprised to hear that she is a paid visitor. The resident's daughter is too busy to visit. What is happening in our society?

Phyllis

Dear Phyllis,

Society is changing drastically and with increased longevity, many social and family problems have developed.

Some people have had a family but they are all scattered around the world and it is impossible for them to visit. Others are working, including the wives, in stress-filled occupations and also trying to raise children, and rarely have the time to visit.

This family is doing their best to work around their problems and is prepared to pay someone to make a friendly visit.

You are doing a great volunteer service and the residents you visit are most fortunate. Keep up the good work.

Lizzie

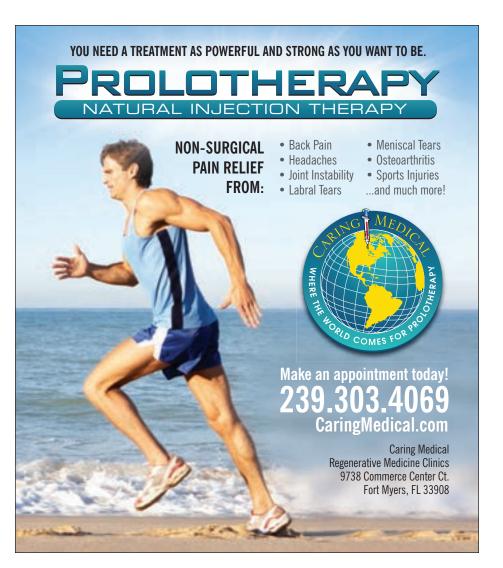
Dear Phyllis,Society is different now than what it was just a few years ago.

You have no idea what stresses and difficulties that many of these families are facing and I think you are judging based on your own standards.

The family who is paying for a visitor to check on their parent or family member is showing concern and keeping up with their care and treatment. The family could just ignore this person and go on with their own lives.

Increased longevity is fine if people are well and can enjoy their extra years, but it can also create problems if the older family member has multiple health problems.

Lizzie and Pryce's email address is momandmeaging@hotmail.com.☆



Help For Sugar Cravings





by Ross Hauser, MD and Marion Hauser, MS, RD

any of us have sugar cravings and desires to overeat. While there are various supplements and strategies that can help with these cravings, the very best thing to do is to eat healthy and fresh foods. How can simply changing the composition of our meals actually help decrease cravings?

Diets high in processed sugar and fat actually stimulate the brain's dopamine pathway, the pleasure-sensing area of the brain. Over time, the brain will desire more of the stimuli. Hence, overeating occurs as a result of the learned behavior of consuming high sugar and fat items.

The brain, in essence, becomes "addicted" to sugar and fat, and must be retrained. This can be quite a task,

considering we are bombarded with processed, high sugar and high fat items in grocery stores, restaurants and fast foods. This can make retraining of the brain difficult and frustrating. But with the right guidance, anyone can achieve this goal.

The first step is to consistently consume fresh, preferably organic, food that is much tastier than processed, refined food. Aspire to cook at home, from scratch. By cooking with different proteins, carbohydrates, good fats, herbs, and spices, a variety of tastes can be experienced. In fact, once people begin to experience tastes other than sweetness, they can learn to enjoy a variety of tastes: salty, sour, bitter, savory, spicy and sweet.

Try marinating chicken in some garlic, lemon juice, soy sauce, honey and Dijon mustard. Vegetables can be roasted in olive oil, salt, pepper and tossed with lemon juice or vinegar. There are a million possibilities and flavor combinations! Your meals can be delicious and satisfying, leaving you without the sweet craving after dinner. Experience the plentiful flavors out there and fuel your body with the right foods to help you feel great.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

State's Top Events Recognized With 2015 Sunsational Awards

everal Southwest Florida events and organizations were among the winners of The Florida Festivals & Events Association (FFEA) at its annual SUNsational Awards during its 21st annual convention and tradeshow. Nominations were accepted in nine categories, including Printed Materials, Outdoor Advertisement, PR /Media Campaign, Photo, Promotional Item, T-shirt, Broadcast Media, Multimedia Marketing and Programming. Each category included three budget levels.

First-place award winners include:

• Educational Program: Edison Festival of Light; Collier County Fair

• Program or Event Guide: City of Miami Gardens; Fort Myers Beach Film Festival; Delray Beach Marketing Cooperative

• Sponsor Program: ArtFest Fort Myers

- Television: Coconut Grove Arts & Historical Society; Fort Myers Beach Film Festival; Spirit of the Suwanee Music Park
- Website: ArtFest Fort Myers, Inc.; Delray Beach Marketing Cooperative; Spirit of the Suwanee Music Park Additional awards were presented to the following:

• Best Vendor/Supplier: Standing Ovations

- Most Innovative Project: City of Hialeah Special Populations Program
- Emerging Leader Award: Maiken Stefany, Event Fest Other organizations that were honored with awards for second and third place include:

• City of Pompano Beach

- City of Clermont
- Bobby Rodriguez Productions / Florida Renaissance Festival
- City of Hialeah
- Lion Country Safari
- Chamber of Commerce of Cape Coral

For a full list of winners, including second and third place award recipients, visit www.ffea.com/sunsational-awards.

Nominations were judged by a blue ribbon panel representing media outlets, printing companies, website designers, photographers, promotional marketing professionals and social media experts.

"The SUNsational Awards have recognized and celebrated the talents of our members for more than two decades," said Suzanne Neve, executive director of the FFEA. "This year, we added several new categories and received our highest volume of submissions to date. We're proud of our members and their events – and excited to recognize them in this way each year."

For more information about FFEA, visit www.ffea.com.



Pablo Veintimilla, market president, Stonegate Bank, is joined by fellow bank executives to present the scholarships to the recipient students and their families. Students, front, from left:: Natalie Cedeno, Zachary Lane, Narshlie Celus, Alyssa Reed and Ryan Valdez

Five Graduates Awarded Prestigious Stonegate Charitable Scholarships

Before embarking on distinguished collegial experiences, from Stanford to Emory, 40 of Florida's stellar high school students were recently honored as pillars in the community for their academic achievements and contributions to helping others. Stonegate Charitable Foundation, established by Florida-based Stonegate Bank, announced that it has awarded five Lee County high school graduates \$1,000 scholarships each to be used toward college education.

The foundation presented \$40,000 to students across eight Florida counties. In its fourth year of providing the Stonegate Charitable Foundation Community Service Award & Scholarship, the bank executives handed out the scholarships at a private luncheon. The recipient students are:

- Natalie Cedeno from Ida S. Baker High School;
- Narshlie Celus from South Fort Myers High School;
- Zachary Lane from Estero High School;
- Alyssa Reed from North Fort Myers High School; and
- Ryan Valdez from Estero High School.

The scholarship was instituted to support the volunteer and leadership potential of Florida's youth. The high school seniors were selected based on their superior community service involvement and high academic achievement. Winners were chosen by a committee of the Stonegate Charitable Foundation's board of directors.

"We are honored to recognize these consummate students who are making our community a better place to live," said Erin D. Knight, Stonegate Bank chairperson of the foundation and Miami market president. "They are shining examples of our future leaders, and the foundation is proud to contribute to their college education."

The Foundation's mission is to reinforce, encourage and support the bank's ongoing commitment to the wellbeing of the communities it serves.

DID YOU KNOW

TRIVIA TEST

- 1. MEASUREMENTS: A quindecennial refers to what period of time?
- 2. CARTOONS: Who was the voice of Nigel in the animated series "The Wild Thornberrys"?
- 3. GEOGRAPHY: In what U.S. state did the Battle of Kennesaw Mountain take place during the Civil War?
- 4. ASTRONOMY: What shape is the Milky Way galaxy?
- 5. LANGUAGE: What is the meaning of the Latin phrase, "Cogito ergo sum"?
- 6. MOVIES: What was the name of Meg Ryan's bookstore in "You've Got Mail"?
- 7. LITERATURE: What is the name of the bookstore in Diagon Alley in the "Harry Potter" series?
- 8. EXPLORERS: Which European explorer discovered a sea route to India?
- 9. HISTORY: During what war did the Battle of Trafalgar take place?
- 10. MATH: What is the decimal equivalent of the fraction 1/5?

ANSWERS

I. 15 years 2. Actor Tim Curry 3. Georgia 4. Spiral 5. 'I think, therefore I am" 6. The Shop Around the Corner 7. Flourish and Blotts 8. Vasco da Gama 9. Napoleonic Wars 10. 0.2.

SPORTS OUIZ

- 1. Who was the last New York Yankee before Jose Pirela in 2014 to triple in his first major-league at-bat?
- During the 1970s, three players hit a home run in their first World Series at-bat. Name two of them.
- 3. Who holds the record for most career wins by a quarterback at the University of Florida?
- 4. Name the last NBA player before Miami's Norris Cole in 2012-14 to appear in the NBA Finals in his first three pro seasons.
- 5. When was the last time before 2014-15 that the Philadelphia Flyers swept the Pittsburgh Penguins in the season series?
- Name the last Olympics in which the U.S. men's hockey team won a medal outside of North America.
- 7. Which two golfers hold the LPGA record for most consecutive rounds under par?

ANSWERS

1. Steve Balboni, in 1981. 2. Gene Tenace (1972), Jim Mason (1976) and Doug DeCinces (1979). 3. Tim Tebow and Chris Leak, with 35 wins each. 4. Scott Williams of the Chicago Bulls, 1991-93. 5. It was the 1983-84 season. 6. It was a silver medal at the 1972 Winter Olympics in Japan. 7. Lydia Ko and Annika Sorenstam, with 29 rounds each.

My Stars ★★★★

FOR WEEK OF AUGUST 24, 2015

ARIES (March 21 to April 19)

A relaxed mood early in the week could give way to high-temperature disputes. The Aries Lamb should resist being pulled into heated quarrels that could really singe your wool.

TAURUS (April 20 to May 20) Satisfy that practical obligation first, then you can feel free to indulge in your creative endeavors. Also, check for hidden or overlooked areas where repairs might be long overdue.

GEMINI (May 21 to June 20) Home is still the Twins' major focus this week. But outside matters begin to take on added importance, especially those involving possible career moves. Stay alert for signs of change.

CANCER (June 21 to July 22) A travel plan might need to undergo some considerable adjustment because of unexpected changes. Keep an open mind and let the facts guide you on how you want to handle this.

LEO (July 23 to August 22) Playing cat and mouse with a matter you don't really want to tackle wastes time, energy and, most important, an opportunity. Ask someone with experience to help you get started.

VIRGO (August 23 to September 22) A shift in policy might not please you, but before you put up a "no go" wall of resistance, examine the circumstances. You might be quite pleasantly surprised by what you find

LIBRA (September 23 to October 22) Yesterday's critiques about your methods might have already evolved into today's praise for your achievements. Good for you. Now go on and continue to build on your credibility.

SCORPIO (October 23 to November 21) An occasional temperamental flare-up might occur as you continue to help get things back to normal. Stay with it. You should soon get some idea of where to take things next.

SAGITTARIUS (November 22 to December 21) A negative reaction to what you believe was a well-deserved request might mean that you need to reconsider your position and make changes accordingly.

CAPRICORN (December 22 to January 19) There's always room for someone new at the Sea Goat's table. And the someone new this week could bring a message you've been

waiting a long time to hear.

AQUARIUS (January 20 to February 18) A pile-on of personal matters this week might seem too overwhelming to deal with. But handling them on a one-by-one basis could have you out from under it by the weekend.

PISCES (February 19 to March 20) A friend might need your good advice regarding a matter. Be supportive. But unless you can be absolutely sure you have all the facts, be careful about any suggestions you might be asked to offer.

BORN THIS WEEK: Few things make you happier than bringing people together and helping to forge new friendships.

THIS WEEK IN HISTORY

- On Aug. 28, 1877, Charles Stewart Rolls, co-founder (with Henry Royce) of the Rolls-Royce automobile company, is born in London. In 1900, Rolls reportedly was responsible for changing the national speed limit from 4 mph to 12 mph.
- On Aug. 30, 1918, in Belfort, France, Colonel Arthur L. Conger plants a false operational order for an impending Allied attack in the wastebasket of a hotel where a German agent was on staff. As intended, the order was found and the Germans chose to withdraw from the area.
- On Aug. 26, 1939, the first televised Major League baseball game is broadcast between the Cincinnati Reds and the Brooklyn Dodgers at Ebbets Field. There were only two stationary camera angles: down the third base line, and above home plate.
- On Aug. 29, 1949, in Kazakhstan, the USSR successfully detonates its first atomic bomb. To measure the effects of the blast, the Soviets constructed buildings and bridges, and placed animals in cages nearby. The atomic explosion destroyed those structures and incinerated the animals.
- On Aug. 24, 1958, Maria Teresa de Filippis, the first woman ever to compete in Formula One racing, drives a Maserati in the Portuguese Grand Prix. Her racing career began after two of her brothers made a bet that she couldn't drive fast.
- On Aug. 27, 1967, Brian Epstein, age 32, manager of the Beatles, is found dead of a drug overdose in his Sussex, England, home.
 - On Aug. 25, 1984, Truman Capote,

author of the pioneering true-crime novel "In Cold Blood", dies at age 59 in Los Angeles. After reading about murders of a farm family, Capote traveled to Kansas to do research with his childhood friend, Harper Lee, who later wrote "To Kill a Mockingbird."

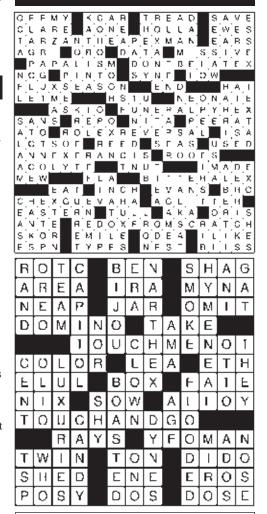
STRANGE BUT TRUE

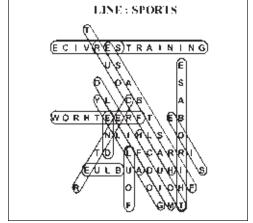
- It was noted 18th-century German scientist, philosopher and satirist Georg Christoph Lichtenberg who made the following sage observation: "It is almost impossible to carry the torch of truth through a crowd without singeing somebody's beard."
- Sometimes looking at local ordinances can make you wonder what inspired lawmakers to pass such laws. For instance, in Florida it's illegal to wear nothing but liquid latex while in a public place.
- The lyrics to that favorite Irish ballad "O Danny Boy" were actually written by an Englishman.
- Famed comedic actor Charlie Chaplin was born in England, but at the age of 19 he came to the United States as a performer with the prestigious Fred Karno company. Interestingly, Stan Laurel, of Laurel and Hardy fame, emigrated to the U.S. at the same time, as part of the same company -- as Chaplin's understudy.
- In a recent survey of pet owners, nearly half of all respondents said that the best description of their relationship with their pet would be "soul mate."
- Sardinia, the second-largest island in the Mediterranean Sea, also is an autonomous region of Italy. If you ever decide to vacation there, keep an eye out for "casu marzu," a cheese that's produced locally. Whether you're keeping an eye out in order to sample it or avoid it depends on whether or not you have an appetite for adventurous eating. The makers of "casu marzu" deliberately introduce into the process the larvae of a particular cheese fly. Though the cheese is sometimes cleaned out before it's served, it's often presented in its original state, wriggling maggots and all.

THOUGHT FOR THE DAY

"There is nothing more dangerous than a government of the many controlled by the few." -- Lawrence Lessig

PUZZLE ANSWERS







Midsummer Melon Salsa



Midsummer Melon Salsa

3 cups watermelon (seedless if available), diced ½ cup bell pepper (green, or your favorite color), diced

2 tablespoons lime juice, freshly squeezed

1 tablespoon cilantro, chopped

1 tablespoon green onions, chopped

1 tablespoon jalapeño pepper, finely chopped kosher salt and freshly ground pepper to taste

Combine all ingredients. Cover and refrigerate 1 hour to let all of the flavors come together. Tip: This light summer-style salsa is a great way to liven up fresh Florida seafood. Use this salsa recipe as a template to make any kind of salsa; just replace the melon with your favorite fruit or veggie.

Yield: Six servings

Look for Fresh from Florida ingredients at your grocery store. 苓

PROFESSIONAL DIRECTORY

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HENRY BOLTINOFF

FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

fonctes: 1, Basils shorter. 2, Home plate is different 3, Fence solvette moved. 1 of the series of the series in the series in the series is a master.



"The good old days were back when I was sixty because that's as far back as I can

__ __ __ t"

Unscramble the letters within each rectangle to form four ordinary words. Then BEADAR LUGGER MORTTEN Thwart MYTIES **TODAY'S WORD**

answer on page 27

PUZZLE ANSWERS

SUDOKU

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7	6	5	4	3	2	1	9	8

SCRAMBLERS

solution

- 1. Abrade; 2. Gurgle;
- 3. Torment; 4. Stymie

Today's Word

REMEMBER

PROFESSIONAL DIRECTORY

SCRAMBLERS

CONSTRUCTION/REMODELING



FISHING CHARTER



Shore Fishing: Don't Harm The Fish

by Capt. Matt Mitchell



anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish. • Hold the fish in the water while you unhook it if you're going to release it.

- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift it out of the water and do it
- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

CLASSIFIEDS * CLASSIFIEDS *

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ANNUAL RENTAL WANTED VACATION RENTAL

ANNUAL RENTAL WANTED

Medical professional, wife and 1 high schooler looking for 1-2 yr. annual rental 2-3 bedroom w/garage. Previous Sanibel homeowner for 8 yrs, excellent references. (810) 471-0025 *RS 8/14 CC 9/18

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ANNUAL RENTAL Single Family Coconut Creek Community, Off McGregor Blvd. Annual lease for 3 bedrooms, 2 bath, pool, 2 car garage. Asking \$2,300 a month, plus utilities. Call Patti 859-380-8763 #NS 8/21 CC 8/28

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RENTAL WANTED

Working senior female, auiet, non-smokina. no pets - seeks room to rent or apartment to share, with female. Prefer Iona-McGregor area or Sanibel. Need by Sept. 1st. Call and leave message: (239) 634-2819. \$NS 8/21 CC 8/21

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Top 10 Real Estate Sales

1						
Development	City	Square Footage	Listing Price	Selling Price	Days On Market	Year Built
Portofino	Miromar Lakes	3,248	\$1,772,158	\$1,772,158	175	2015
Holiday Shores	Fort Myers Beach	2,012	\$1,075,000	\$1,080,000	4	1970
Cedar Glen	Bonita Springs	3,017	\$925,000	\$900,000	0	2000
Yacht Club	Cape Coral	3,030	\$925,000	\$870,000	197	1969
Wildewood	Fort Myers	3,014	\$725,000	\$725,000	186	2007
Siesta Isles	Fort Myers Beach	2,888	\$750,000	\$720,000	86	1987
Cape Coral	Cape Coral	2,498	\$725,000	\$700,000	53	2000
Lagoon Estates Addn Unrec	Sanibel	1,859	\$645,000	\$607,500	123	2001
Somerset	Fort Myers	3,094	\$580,000	\$570,000	225	2012
The Brooks	Bonita Springs	2,493	\$629,000	\$565,000	74	2000

Courtesy of Royal Shell Real Estate



★ ★ Classifieds ★ Classifieds ★ ★

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Lic# EC12002788. Call Roger 239-707-7203. Aqualink - Motor Controls. Office & Store Maint. #RS 6/7 CC TFN

HELP WANTED

VOLUNTEERS NEEDED

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.

HELP WANTED

SUNDAY SCHOOL NURSERY TEACHER

Sunday School Nursery Teacher 0-K wanted at Sanibel Church wanted to start immediately. This is a year round paid part-time position for Sunday mornings only. Background check and references required. Mainstream theology required. Previous childcare/teaching experience preferred. For details call 239-472-0497. &NS 8/21 RM 8/28

DAIRY QUEEN IS NOW HIRING!

Open Positions: Cook/Cashier/Shift leader, part time or full time. Please send your resume to dgsanibel@centurylink.net or stop by and apply in person.

PART TIME HELP WANTED

Needful Things - Tahitian Gardens Apply within at 1989 Periwinkle Way \$NS 8/21 CC TFN

JERRY'S FOODS WAITRESSES OR WAITERS

Looking for experienced Waitresses or Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300. **☆**NS 5/29 CC TFN

VOLUNTEERS NEEDED

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.

To those who are hungry, \$20 is a fortune.

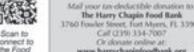


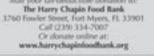
But \$20 can feed a family of four for a week, thanks to the ...

Harry Chapin Food Bank!

The Food Bank can acquire \$6 of nutritious food for every \$1 you donate, turning your \$20 into a week's worth of meals for a family of four...

Thank you for your generosity!







HELP WANTED

CUSTOMER SERVICE KAYAK/ CANOE LAUNCH ATTENDANT

Tarpon Bay Explorers has an opening for a kayak/canoe launch and maintenance associate. Must enjoy customer service and working in a team.

Shift hours are 7:30am-6pm and open

7 days a week so at least one weekend day will be required for full time. Part time available, could become full time beginning in February. Please visit 900 Tarpon Bay Rd, Sanibel to fill out application or email resume to EcoErler@aol.com. \$\text{NS 7/31 CC 8/21}

HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For Info call Anita 239-233-9882 RS 3/13 CC TFN

BOATS - CANOES - KAYAKS

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FOR SALE

FOR SALE

Wood High Top table with four chairs, table has wood inlays and a 17 inch leafd insert. There is also a storage compartment under the table top Table is one year old, asking \$400. Also have king size mattress. King Koil, sweet dreams, soft to medium support. One year old, asking \$375. Please call 616-902-7525. \$\text{NS 8/21 CC 8/21}



ESTATE SALE

SALES

Behind Periwinkle Place Shopping Center 2030 Sunrise Circle Sat. 8/22, 8am-12pm Chinese Furniture- Dresser, Side Tables African Style Furniture Collectibles, Lamps, Kitchen Items, Chinese Vases and more! **☆NS 8/21 CC 8/2**

SANCTUARY GOLF CLUB LINE COOKS/PANTRY CHEFS

Line cooks/pantry chefs will assist Certified Master Chef Daniel J Scannell, CMC in food production for dining rooms, banquet events and other functions at the club. We offer a great work environment, competitive pay rate & bonus program + benefit package including paid tolls, meals, health ins, 401k, employee golf privileges, & rec center membership. If interested, call 239-472-6624. \$\text{NS 8/14 CC 8/21}

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Street legal, "gas" powered. \$6,500. 239-209-6500

Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB



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2					6		3	
	6		4					8

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

was named Fetch because – you guessed it – I like to fetch! I'll catch a ball, a Frisbee or anything you want to throw. I also love to play in wading pools. I'm a smart dog who can sit, give paw and is willing to learn. My adoption fee is \$37.50 (regularly \$75) during Animal Services' Endless Summer adoption promotion when you donate a new bag of dog or cat food or a case of canned cat food.

I'm Charlotte, a super sweet little kitty and that's the main reason you should adopt me. If you need further convincing, just come to the shelter and you will see how playful, entertaining and cuddly I can be. My adoption fee \$10 (regularly \$50) during Animal Services' BAMB (Black and Mostly Black) cat adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, fleat reatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.☆



Fetch ID# 629994



Charlotte ID# 629994

#RIVER	
WEEKLY NEWS	`
Linergeney	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	2/8-/100
HealthPark Medical Center1-800	
Ft. Myers Chamber of Commerce	
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Post Office	0.275-8777
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	
Art League Of Fort Myore	337-5050
Art League Of Fort Myers	275-3970 481 ₋ 4840
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	39-597-1111
The Schoolhouse Theater	
SW Florida Symphony	936-3230
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS	
Angel Flight	4AN-ANGEL
Animal Refuge Center	
American Business Women Association	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	55-425-3631
Cape Coral Stamp Club	454-1083
Edison Porcelain Artists.	
Embroiderers Guild of America - Sea Grape Chapter 23	39-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy.	
Friendship Force Of SW Fi	
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	561-9164 39-257-2654
Garden Club of Cape Coral	561-9164 39-257-2654 472-8334 472-6940
Garden Club of Cape Coral	561-9164 39-257-2654 472-8334 472-6940 549-9625
Garden Club of Cape Coral	561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278
Garden Club of Cape Coral	561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278 482-6713
Garden Club of Cape Coral	561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901
Garden Club of Cape Coral	. 561-9164 39-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354
Garden Club of Cape Coral	. 561-9164 39-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338
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BEACH CHAIR PAST

answers on page 25

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King Crossword ACROSS Campus mil. program Stein or Stiller 8 Carpet style 12 Vicinity 13 George's brother 14 Minnicking bug 15 Tide type 16 Cookie holder 17 Leave out 18 Singer Fats 20 Snatch 22 Orange-Towered impatiens 49 Queen of 28 Nonessential ornamient 26 Shade 29 Meadow Carthage Historic time comforts 30 Biblical verb 50 Molt Access to 32 Bragged 51 Away from 33 Inundated sulfix a pave. WSW Fire sign? 35 Bashful 31 Hebrew Wedding-62 Cupid's alfas 9 36 Candle rejon(h 32 Carton 53 Bouquet betcler count. 38 Halloween 10 Blackbird

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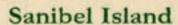
Find the listed words in the diagram. They run in alldirections forward, backward, up, down and diagonally

Alley First-base Blue Foul Center Free-throw End Goal

Half-court Midfield Restraining Service

Third-base Touch

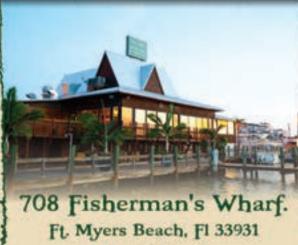






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